

## Advantages of Krill Oil

- **More bioavailable than fish oil** because the omega-3 fatty acids in krill oil are in phospholipid form (similar to the cell structure of the human brain), making them easier for the body to recognize, absorb and utilize
- **Smaller dose than fish oil** because the omega-3 fatty acids in krill are more easily absorbed
- **No fishy aftertaste or burp-back** because of krill oil's phospholipid form

## Superior Quality

- **Tested for PCBs**, heavy metals (including mercury) and other impurities
- **Gluten-free**; no sugars, flavors or artificial colors/preservatives
- **Eco-Friendly, Sustainable Source** with 100% traceability back to the location of harvest



Purity  
Tested

Nature's  
Way

EfaGold®

# Krill Oil

**Bioavailable Omega-3**  
*Better Absorbed than Fish Oil*

Cardiovascular  
& Joint Health\*  
**500 MG**



**Pure Antarctic Krill**  
Omega-3 • Phospholipids • Astaxanthin

DIETARY SUPPLEMENT • 60 SOFTGELS

\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Recommendation:** Take 1 to 2 softgels daily, preferably with breakfast. For intensive use take 2 softgels twice daily (breakfast and lunch).

**Caution:** People with seafood allergy, coagulopathy or taking anticoagulants or other medications should consult their doctor before taking this product.

## Supplement Facts

Serving Size 2 Softgels

Servings per Container 30

| Amount Per Serving          |                | % Daily Value |
|-----------------------------|----------------|---------------|
| Calories                    | 10             |               |
| Calories from Fat           | 10             |               |
| Total Fat                   | 1 g            | 2%†           |
| Cholesterol                 | 20 mg          | 7%†           |
| Sodium                      | 10 mg          | <1%†          |
| Krill Oil                   | 1 g (1,000 mg) | **            |
| Omega-3 Fatty Acids         | 220 mg         | **            |
| Eicosapentaenoic Acid (EPA) | 120 mg         | **            |
| Docosahexaenoic Acid (DHA)  | 55 mg          | **            |
| Phospholipids               | 400 mg         | **            |
| Astaxanthin                 | 80 mcg         | **            |

†Percent Daily Values based on a 2,000 calorie diet.

\*\*Daily Value not established.

Other Ingredients: Gelatin (softgel), Glycerin, Purified water

©2013 Nature's Way Products, LLC  
Green Bay, WI 54311 USA

**Questions?** 1-800-9NATURE  
www.naturesway.com

Actual Size

## About Krill Oil

Nature's Way® Krill Oil is produced from 100% pure Antarctic krill—one of nature's most abundant and rapidly renewable sources of omega-3 fatty acids, phospholipids and antioxidants.



## Heart Health

**Helps reduce the risk of coronary**

**heart disease:** Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease (see nutrition information for total fat content).

## Additional Benefits

Research confirms the important role of omega-3 fatty acids in maintaining healthy blood triglyceride levels already within normal limits, as well as supporting the heart, skin and joints.\*

\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Safety sealed with printed outer shrinkwrap and printed inner freshness seal. Do not use if either seal is broken or missing. **Keep out of reach of children.**  
Store in a cool, dry place.



0 33674 15432 8

LBN15432\_A02  
(07/17/14M / C0023)