



SUGGESTED USE

SHAKE WELL BEFORE USING

Take up to 40 drops in 2 oz. of water
or juice, two to four times per day.

Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

RELAXING SLEEP™

NERVOUS SYSTEM*

Calming & Relaxing*



HERBAL SUPPLEMENT

4 fluid ounces (118.4 ml)

Relaxing Sleep™

Promotes Relaxation & Restful Sleep*

Ingredients: proprietary extract blend:

Valerian rhizome & roots (*Valeriana officinalis*)^{①②}

Passionflower flwg. herb (*Passiflora incarnata*)^①

Hops strobile (*Humulus lupulus*)^①

Chamomile flower (*Matricaria recutita*)^{①②}

Catnip leaf & flwg. tips (*Nepeta cataria*)^{①②}

Other Ingredients: certified organic alcohol (58-68%),
distilled water & vegetable glycerin. **GLUTEN-FREE**

① Certified Organically Grown

② Fresh (undried)

All of the herbs in this formula are individually
extracted to ensure a broad spectrum of therapeutic
plant compounds.

HERB PHARM • WILLIAMS, OR 97544

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.