

Manufactured by: The Himalaya Drug Company
Makali, Bangalore 562 123 (INDIA)
Mfg. Lic. No. AUS-83

Lot No.:
Exp. Date:

Unvarnished area



Distributed by: The Himalaya Drug Company
1101 Gillingham Lane, Sugar Land, Texas 77478
Questions? Please call 1-800-869-4640 or visit
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Certified Organic by Control Union Certifications Control Union 806546

Caution: Keep out of direct light
and out of the reach of children.



Chromatographic Fingerprinting:
The most rigorous testing for herbal potency.



* THESE STATEMENTS HAVE NOT BEEN EVALUATED
BY THE FOOD AND DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
CURE, OR PREVENT ANY DISEASE.

HOW CAN ASHWAGANDHA HELP YOU?

- Acts as a rejuvenative with anti-stress and adaptogenic actions, helping the body cope with life's daily challenges*
- Supports a healthy response to stress*
- Improves physical endurance and energy*

Our Science. Your Life.®

- Over 1,200 clinical studies on Himalaya products
- Nearly 200 scientists, herbalists and doctors on R&D staff
- Seed-to-shelf company
- GMP Facility
- Family owned since 1930

Himalaya
PURE HERBS

Ashwagandha

ANTI-STRESS & ENERGY*



HERBAL SUPPLEMENT
60 CAPLETS

Additive and Gluten Free

Supplement Facts

Serving Size: One caplet
Servings per container: 60

Amount per serving

Organic Ashwagandha standardized supercritical CO ₂ extract (root) (<i>Withania somnifera</i> Dunal) (8% Withanolides, 0.8 mg)	10 mg*
Organic Ashwagandha standardized extract (root) (0.5% Withanolides, 1.4 mg)	280 mg*
Organic Ashwagandha powder (root) (0.2% Withanolides, 0.76 mg)	380 mg*

*Daily Value Not Established.

Directions: Take 1 caplet per day before food.



HUS-5018934