

Typical Amino Acid Profile – Each serving contains:

| Essential Amino Acids |         | Non-Essential Amino Acids |         |
|-----------------------|---------|---------------------------|---------|
| L-Leucine*            | 2619 mg | L-Arginine                | 853 mg  |
| L-Isoleucine*         | 1981 mg | L-Aspartic Acid           | 2486 mg |
| L-Valine*             | 1447 mg | L-Cystine                 | 255 mg  |
| L-Lysine              | 2224 mg | L-Alanine                 | 932 mg  |
| L-Threonine           | 1941 mg | L-Glutamic Acid           | 3955 mg |
| L-Methionine          | 350 mg  | L-Glycine                 | 414 mg  |
| L-Phenylalanine       | 732 mg  | L-Histidine               | 365 mg  |
| L-Tryptophan          | 552 mg  | L-Proline                 | 642 mg  |
|                       |         | L-Serine                  | 670 mg  |
|                       |         | L-Tyrosine                | 582 mg  |

|                                            |          |
|--------------------------------------------|----------|
| * Total Branched Chain Amino Acids (BCAAs) | 6047 mg  |
| Total Essential Amino Acids (EAAs)         | 11846 mg |
| Total Amino Acids                          | 23000 mg |

**DIRECTIONS:** Mix 1 scoop (26 grams) of Ultimate Nutrition IsoCool™ into 8oz of water, juice or milk. For a thicker shake, mix into 4oz of water, juice or milk. Ultimate Nutrition IsoCool™ mixes well, and can be prepared in a blender, shaker cup, or in a glass with a spoon. For maximum muscle growth, take before and after your workout.

Ultimate Nutrition IsoCool™ is produced through an exclusive and innovative technology called ColdPure® ultrafiltration. ColdPure® ultrafiltration isolates the native whey protein in a highly bioactive form using an advanced low temperature ultrafiltration process. ColdPure® ultrafiltration produces a superior bioactive whey that is non-denatured and contains the highest content of essential amino acids (EAA's) and branched chain amino acids (BCAA's). ColdPure® ultrafiltration provides you with a great tasting protein shake with zero carbohydrates, sugar and fat. Each serving of Ultimate Nutrition IsoCool™ contains 23 grams of protein isolate per serving.

Protein plays a number of different roles in the body including repairing body cells, building and repairing muscles and bones, providing a source of energy, and controlling many of the important processes in the body related to metabolism. Whey protein is a high quality, complete protein, with all of the essential amino acids. Whey protein is also the richest known source of naturally occurring branched chain amino acids (leucine, isoleucine and valine). These are important for active individuals, individuals who exercise and professional athletes. The body requires higher amounts of branched chain amino acids during and following exercise as they are taken up directly by the skeletal muscles instead of being metabolized through the liver first, like other amino acids. Fuel your muscles with the protein they need with Ultimate Nutrition IsoCool™!



Distributed by:  
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ULTIMATE  
NUTRITION®

PLATINUM SERIES

ISO  
Cool™

23 Grams of Premium Whey Protein Isolate •

Zero Carbohydrates •

Zero Sugar •

Zero Fat •

CHOCOLATE CRÉME

NATURALLY & ARTIFICIALLY FLAVORED

DELICIOUS WHEY ISOLATE SHAKE

NET WT. 5 LBS (2.27 KG)

## Nutrition Facts

Serving Size: 1 Scoop (about 26g)  
Servings per Container: about 87

| Amount per Serving            |                            |
|-------------------------------|----------------------------|
| <b>Calories 90</b>            | <b>Calories from Fat 0</b> |
| % Daily Value*                |                            |
| <b>Total Fat 0g</b>           | <b>0%</b>                  |
| Saturated Fat 0g              | 0%                         |
| Trans Fat 0g                  |                            |
| <b>Cholesterol 20mg</b>       | <b>7%</b>                  |
| <b>Sodium 40mg</b>            | <b>2%</b>                  |
| <b>Total Carbohydrates 0g</b> | <b>0%</b>                  |
| Dietary Fiber 0g              | 0%                         |
| Sugars 0g                     |                            |
| <b>Protein 23g</b>            | <b>46%</b>                 |

|              |   |              |
|--------------|---|--------------|
| Vitamin A 2% | • | Vitamin C 0% |
| Calcium 15%  | • | Iron 2%      |

\* Percent Daily values are based on a 2000 calorie diet.  
Your daily values may be higher or lower depending on your calorie needs.

|                           | Calories: | 2000   | 2500   |
|---------------------------|-----------|--------|--------|
| <b>Total Fat</b>          | Less than | 65g    | 80g    |
| <b>Sat Fat</b>            | Less than | 20g    | 25g    |
| <b>Cholesterol</b>        | Less than | 300mg  | 300mg  |
| <b>Sodium</b>             | Less than | 2400mg | 2400mg |
| <b>Total Carbohydrate</b> |           | 300mg  | 375mg  |
| Dietary Fiber             |           | 25g    | 30g    |
| <b>Protein</b>            |           | 50g    | 65g    |

**Ingredients:** Premium Whey Protein Isolate, Cocoa, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, and Soy Lecithin

**Contains Milk, Soy**

Notice: Use this product as a food supplement only.  
Do not use for weight reduction.