

Typical Amino Acid Profile – Each serving contains:

Essential Amino Acids		Non-Essential Amino Acids	
L-Leucine*	2619 mg	L-Arginine	853 mg
L-Isoleucine*	1981 mg	L-Aspartic Acid	2486 mg
L-Valine*	1447 mg	L-Cystine	255 mg
L-Lysine	2224 mg	L-Alanine	932 mg
L-Threonine	1941 mg	L-Glutamic Acid	3955 mg
L-Methionine	350 mg	L-Glycine	414 mg
L-Phenylalanine	732 mg	L-Histidine	365 mg
L-Tryptophan	552 mg	L-Proline	642 mg
		L-Serine	670 mg
		L-Tyrosine	582 mg

* Total Branched Chain Amino Acids (BCAAs)	6047 mg
Total Essential Amino Acids (EAAs)	11846 mg
Total Amino Acids	23000 mg

DIRECTIONS: Mix 1 scoop (26 grams) of Ultimate Nutrition IsoCool™ into 8oz of water, juice or milk. For a thicker shake, mix into 4oz of water, juice or milk. Ultimate Nutrition IsoCool™ mixes well, and can be prepared in a blender, shaker cup, or in a glass with a spoon. For maximum muscle growth, take before and after your workout.

Ultimate Nutrition IsoCool™ is produced through an exclusive and innovative technology called ColdPure® ultrafiltration. ColdPure® ultrafiltration isolates the native whey protein in a highly bioactive form using an advanced low temperature ultrafiltration process. ColdPure® ultrafiltration produces a superior bioactive whey that is non-denatured and contains the highest content of essential amino acids (EAA's) and branched chain amino acids (BCAA's). ColdPure® ultrafiltration provides you with a great tasting protein shake with zero carbohydrates, sugar and fat. Each serving of Ultimate Nutrition IsoCool™ contains 23 grams of protein isolate per serving.

Protein plays a number of different roles in the body including repairing body cells, building and repairing muscles and bones, providing a source of energy, and controlling many of the important processes in the body related to metabolism. Whey protein is a high quality, complete protein, with all of the essential amino acids. Whey protein is also the richest known source of naturally occurring branched chain amino acids (leucine, isoleucine and valine). These are important for active individuals, individuals who exercise and professional athletes. The body requires higher amounts of branched chain amino acids during and following exercise as they are taken up directly by the skeletal muscles instead of being metabolized through the liver first, like other amino acids. Fuel your muscles with the protein they need with Ultimate Nutrition IsoCool™!



Distributed by:
Ultimate Nutrition, Inc.
P. O. Box 643
Farmington, CT
06034 USA
www.ultimatenutrition.com

ULTIMATE
NUTRITION®

PLATINUM SERIES

ISO
Cool™

23 Grams of Premium Whey Protein Isolate •
Zero Carbohydrates •
Zero Sugar •
Zero Fat •

CHERRY BERRY
NATURALLY & ARTIFICIALLY FLAVORED

DELICIOUS WHEY ISOLATE SHAKE
NET WT. 5 LBS (2.27 KG)

Nutrition Facts

Serving Size: 1 Scoop (about 26g)
Servings per Container: about 87

Amount per Serving	
Calories 90	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 40mg	2%
Total Carbohydrates 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 23g	46%
Vitamin A 2%	Vitamin C 0%
Calcium 15%	Iron 2%

* Percent Daily values are based on a 2000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2000	2500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
Protein		50g	65g

Ingredients: Premium Whey Protein Isolate, Citric Acid, Beet Root Powder (for color), Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, and Soy Lecithin

Contains Milk, Soy

Notice: Use this product as a food supplement only.
Do not use for weight reduction.

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