



Calcium Ascorbate

ANTIOXIDANT PROTECTION*

**Pure, Buffered
Vitamin C Powder**

Net Wt. 8 oz. (227 g)

A Dietary Supplement
Vegetarian/Vegan



SUGGESTED USAGE: As a dietary supplement, take 1/4 level teaspoon 1 to 3 times daily.

Vitamin C is an essential nutrient well known for its vital role in immune system function. It is a highly effective antioxidant that can protect the body's structures from oxidative damage generated during normal metabolism. Vitamin C is also necessary for the production of collagen and is therefore important for skin, bone, and joint health. It is also needed for amino acid metabolism and the utilization of many nutrients, such as folic acid and iron. This product supplies Calcium Ascorbate C, a buffered form of Vitamin C that is bioavailable and non-acidic.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Supplement Facts

Serving Size 1/4 Level Teaspoon (1.12 g)
Servings Per Container about 203

	Amount Per Serving	% Daily Value
Vitamin C (from Calcium Ascorbate)	890 mg	1483%
Calcium (from Calcium Ascorbate)	100 mg	10%

Other ingredients: None.

NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
www.nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.



CODE 0752

V4