NOTICE: This product contains Senna. **Do not use if you have or develop diarrhea**, loose stools or abdominal pain because Senna may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Caution: Do not use when nausea or vomiting are present unless directed by a doctor. Consult a doctor if you notice a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a doctor.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

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Recommendation: Adults & children 12 years of age and over: Take 2-4 capsules daily or as directed by a doctor. Children under 12 years of age: Consult a doctor. Do not exceed recommended dosage. Do not take for more than 10 days as frequent or prolonged use may result in dependence. For relief of occasional constipation (irregularity).\*

## This product generally produces bowel movement Supplement Facts

Serving Size 4 Capsules

in 6 to 12 hours.\*

	Servings Per Container 25		
	Amount Per Serving	% Daily	Value
	Calories	5	
ı	Total Carbohydrate	1 g	<1%†
ı	Dietary Fiber less than 1	gram	2%†
ı	Vitamin C	8 mg	14%
ı	Calcium	42 mg	4%
ı	Senna (leaf)	1.8 g (1,800 mg	) **

†Percent Daily Values are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: Plant-derived capsule