Directions: Mix one scoop (about 6 grams) with 6-8 ounces of water or your favorite cold beverage. For optimal use, take between meals and immediately after your workout. For serious bodybuilders we recommend mixing two scoops.

Branched-chain amino acids include leucine, isoleucine and valine. These amino acids are needed for the maintenance of muscle tissue during physical stress and intense exercise. From the perspective of athletes, BCAAs function as anabolic agents and induce sparing, which allows the body to burn fat and not muscle.

Ultimate Nutrition is committed to providing athletes with the best products to fulfill exactly those needs. Ultimate Nutrition's 100% Crystalline BCAA 12,000 Powder is one product designed to help you increase endurance, lengthen the time to fatigue and improve performance.

- Keep out of reach of children
- · Protect from heatf, light and moisture
- Store at 15° 30° C (59 86° F)
- Do not purchase if seal is broken

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ULTIMATE NUTRITION®

PLATINUM SERIES

100% Crystalline



Amino Acid Supplement

Net Wt. 400g • 300g + 100g FREE!

Supplement Facts

Serving size: 1 scoop (about 6 grams) Servings per container: about 67

Amount per serving

L-Leucine (USP) 3000 mg

L-Valine (USP) 1500 mg

L-Isoleucine (USP) 1500 mg

* Daily Value not established

Other ingredients:

Waxy maize and soy lecithin.

Contains soy.

Distributed by: Ultimate Nutrition Inc. Farmington CT 06034

