



GABA

NATURAL NEUROTRANSMITTER

Pure Powder

- **Brain's Natural Calming Agent***
- **Natural L-Form**

Net Wt. 6 oz. (170 g)

**A Dietary Supplement
Vegetarian/Vegan**



SUGGESTED USAGE: As a dietary supplement, take 1/4 level tea-spoon 2 to 3 times daily as needed, preferably on an empty stomach. GABA (Gamma-Aminobutyric Acid) is a non-protein amino acid that functions as a neurotransmitter in the human brain. GABA is known as the brain's own calming agent and is naturally produced in the body. By supporting a naturally balanced level of brain stimulation, GABA's presence within the central nervous system may help promote relaxation and ease nervous tension.* NOW provides only the naturally occurring L-form of GABA as found in food, as well as in the body.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do Not Eat Freshness Packet Enclosed.



CODE 0215
V5

Supplement Facts

Serving Size 1/4 Level Teaspoon (500 mg)
Servings Per Container about 340

Amount Per Serving	
GABA	500 mg*

* Daily Value not established.

Other ingredients: None.

NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
www.nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening. Please Recycle.