

CAPSULE SIZE

CODE 0097B

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Caution: For adults only. Consult physician if pregnant/nursing, taking antidepressant medications or other medication, or have a medical condition. May cause drowsiness. Keep out of reach of children.

V2 Do Not Eat Freshness Packet. Keep in Bottle.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

5-HTP, the intermediate metabolite between the amino acid L-tryptophan and serotonin, is extracted from the bean of an African plant (*Griffonia simplicifolia*).

SUGGESTED USAGE: As a dietary supplement, take 1 capsule daily, preferably on an empty stomach at bedtime.



5-HTP

NEUROTRANSMITTER SUPPORT

50 mg

- Natural Source
- Supports Positive Mood*

30 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

5-HTP (5-hydroxytryptophan) (<i>Griffonia simplicifolia</i>) (Seed)	50 mg*
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* Daily Value not established.

Other ingredients: Rice Flour and Cellulose (capsule).

NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

www.nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.