

Comprehensive Stress Support*

Stress *Take Care* combines multiple stress-supportive herbs and adaptogens to support healthy well-being and peace of mind.* Stress *Take Care* provides broad-spectrum stress support through the combination of many revered herbs, including American Ginseng and Rhodiola.* The concentrated natural constituents work to combat both the broad stress that we feel and the cellular-level stress that we don't—**supporting cardiovascular, adrenal and immune health.*** The herbs in Stress *Take Care* have been carefully selected and combined, in the traditional method, to provide additional synergistic benefits. New Chapter uses no harsh chemical solvents, delivering a super-pure, super-potent natural herbal extract.

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Manufactured by NEW CHAPTER, INC.

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Get the *Whole Truth!* Sign up for our e-newsletter at: newchapter.com/newsletter

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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Please recycle this bottle after use.

NEWCHAPTER®

NON-GMO VERIFIED FORMULA



Stress *take care*®

For Mastering Everyday Stress*

- Supports a healthy response to stress*
- Proprietary formula contains herbs that help combat stress in multiple ways*

60 Softgels

DIETARY SUPPLEMENT



Supplement Facts

Serving size 2 Softgels

Servings per container 30

Two softgels contain	%DV
Schizandra (<i>Schizandra chinensis</i>) (berry) hydroethanolic extract (min. 1.6 mg schizandrins)	100 mg •
American Ginseng (<i>Panax quinquefolius</i>) (root) hydroethanolic extract (min. 4 mg ginsenosides)	100 mg •
Eleuthero (<i>Eleutherococcus senticosus</i>) (root) hydroethanolic extract (min. 0.6 mg total eleutherosides)	100 mg •
Rhodiola (<i>Rhodiola rosea</i>) (root) hydroethanolic extract (min. 5 mg total rosavins, including 3.6 mg rosavin and 1.8 mg salidroside)	100 mg •
Curcuma xanthorrhiza (rhizome) 34 mg supercritical extract (min. 23 mg essential oil containing xanthorrhizol) and 66 mg hydroethanolic extract	100 mg •
Turmeric (<i>Curcuma longa</i>) (rhizome) 10 mg supercritical extract (min. 7 mg essential oil containing turmerones) and 40 mg hydroethanolic extract (min. 4.4 mg curcuminoids)	50 mg •
Astragalus (<i>Astragalus membranaceus</i>) (root) extract	50 mg •
Galanga (<i>Alpinia galanga</i>) (rhizome) 26 mg supercritical extract (min. 2.6 mg essential oil)	26 mg •
Ginger (<i>Zingiber officinale</i>) (rhizome) 4 mg supercritical extract and 16 mg hydroethanolic extract	20 mg •

• Daily Value not established

Other ingredients: Extra-virgin olive oil, maltodextrin and yellow beeswax.

Capsule: Gelatin (Halal), vegetable glycerine, water and carob.

Naturally gluten free.

Our premium softgel capsules are prepared without any chemical solvents and are BSE free.

Suggested use: Two softgels daily with food.