

Printer please note: Matte varnish will be applied overall, except on bottom flaps, product names & color bar on front panel... see layer for layout.

Formulated with OrganiGlide® Technology!

This all-natural, organic glide-coat is designed to make swallowing your vitamins effortless. Better health has never been easier to swallow!

For more than 10 years, Doctor's Choice™ multivitamins have been recommended by naturopathic and medical experts worldwide as the best total-body wellness formulas available. The unique blend of vitamins, minerals, and nutrients is specially tailored to your age and gender to provide you with a strong nutritional foundation for a healthy life. **It's your daily Rx for better living!**



DOCTOR'S choice™ multivitamins

MEN

Easy To Swallow
OrganiGlide®

DAILY RX FOR:

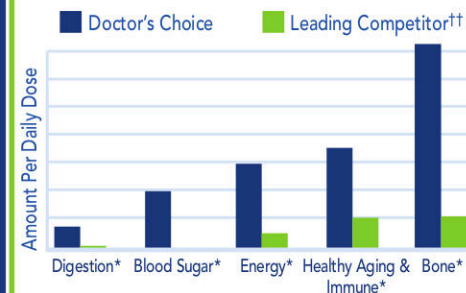
INCREASED ENERGY*
ENHANCED IMMUNITY*
BALANCED NUTRITION*

90 TABLETS

DIETARY SUPPLEMENT

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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With more nutritional power than the leading competitor, Doctor's Choice Men is targeted to deliver daily energy, enhanced immunity, and balanced nutrition.**† It's the right choice for better living!

†Based on a milligram-to-milligram comparison
††SPINS Multivitamin Subcategory Item Report;
52 wks ending 1/19/13; Ttl US X-WF.

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Supplement Facts

Serving Size 3 tablets Servings per container 30

Amount per 3 tablets	%DV***
Calories	10
Total Carbohydrate	2 g <1%***
Dietary Fiber	<1 g 4%***
Vitamin A (75% as beta carotene and as retinyl acetate)	5,000 IU 100%
Vitamin C (as potassium ascorbate)	300 mg 500%
Vitamin D (as cholecalciferol)	800 IU 200%
Vitamin E (as d-alpha tocopheryl acetate and natural mixed tocopherols)	67 IU 223%
Vitamin K (as phytonadione)	80 mcg 100%
Thiamin (as thiamin HCl) (vitamin B1)	60 mg 4,000%
Riboflavin (vitamin B2)	60 mg 3,529%
Niacin (as niacinamide and niacin)	90 mg 450%
Vitamin B6 (as pyridoxine HCl)	25 mg 1,250%
Folic Acid	800 mcg 200%
Vitamin B12 (as cyanocobalamin)	500 mcg 8,333%
Biotin	600 mcg 200%
Pantothenic Acid (as calcium D-pantothenate)	60 mg 600%
Calcium (as calcium carbonate, tricalcium phosphate, and calcium citrate)	300 mg 30%
Iodine (as potassium iodide)	300 mcg 200%
Magnesium (as magnesium aspartate and magnesium oxide)	150 mg 38%
Zinc (as zinc gluconate)	16 mg 107%
Selenium (as L-selenomethionine)	200 mcg 286%
Copper (as copper gluconate)	2 mg 100%
Manganese (as manganese citrate)	2 mg 100%
Chromium (as chromium picolinate)	200 mcg 167%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	15 mg <1%
Potassium (as potassium aspartate)	100 mg 3%
Choline Bitartrate	215 mg **
Cinnamon (Cinnamomum cassia) Bark Extract	150 mg **
Antioxidant Blend:	109 mg **
sweet cherry fruit, green tea leaf extract, grape seed extract, pomegranate fruit extract, and giant knotweed root and rhizome extract containing 50% resveratrol	

Amount per 3 tablets	%DV***
Ginger (Zingiber officinale) Rhizome Extract	45 mg **
Vegetable Blend: broccoli flower, cabbage leaf, tomato fruit, carrot root, collard greens, mustard greens, kale leaf, and spinach leaf	40 mg **
Inositol	30 mg **
Muira Puama (Ptychopetalum olacoides) Root Extract 6:1	30 mg **
Panax Ginseng Root Extract standardized to contain 7% ginsenosides	15 mg **
Bilberry (Vaccinium myrtillus) Fruit Extract 4:1	10 mg **
Boron (as sodium borate)	2 mg **
Lycopene	2 mg **
Lutein	1.5 mg **
Vanadium (as vanadyl sulfate)	150 mcg **
Zeaxanthin	75 mcg **

***Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value not established.

Other ingredients: cellulose, modified cellulose gum, modified cellulose, magnesium stearate, stearic acid, vegetable glycerin, silicon dioxide, acacia, organic maltodextrin, soybean oil, and soy lecithin.

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Recommendations: Take 3 tablets daily with water to activate OrganiGlide®. Best if taken with food.

If taking prescription drugs, have gallstones or bile duct obstruction, consult your healthcare practitioner prior to use. Not intended for use by pregnant or nursing women.

Contains no sugar, yeast, wheat, gluten, dairy products, artificial coloring, artificial flavoring, or preservatives. This product contains natural ingredients; color variations are normal.



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