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Keep Out of the Reach of Children
Store away from heat & light

Best taken between meals.

Take up to 40 drops in 2 oz. of water or juice, one hour before bed and again at bedtime. May be taken up to four times per day for general relaxation.*

SHAKE WELL BEFORE USING

SUGGESTED USE

RELAXING SLEEP™

NERVOUS SYSTEM

Calming & Relaxing



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

016

Relaxing Sleep™

*Promotes Relaxation & Restful Sleep**

Ingredients: proprietary extract blend:

Valerian rhizome w/rootlet (*Valeriana off.*)^{①②}

Passionflower flwg. herb (*Passiflora inc.*)^①

Hops strobile (*Humulus lupulus*)^①

Chamomile flower (*Matricaria recutita*)^{①②}

Catnip leaf & flowering tip (*Nepeta cataria*)^{①②}

Other Ingredients: certified organic alcohol (58-68%), distilled water & vegetable glycerin.

GLUTEN-FREE

① Certified Organically Grown ② Fresh (undried)

All of the herbs in this formula are individually extracted to ensure a broad spectrum of therapeutic plant compounds.

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.