

About The Medicine Hunter®



Chris Kilham is known worldwide as The Medicine Hunter. The media has often called him, "The Indiana Jones®† of natural medicines." An adventurer, author and expert in the field of natural remedies, Chris travels the globe investigating traditional medicines that enhance health and well-being. When he's

not exploring the Amazon rain forest or meeting with native healers in remote places, Chris teaches ethnobotany at the University of Massachusetts at Amherst where he is Explorer in Residence.

Passionate about sharing his knowledge of healthful botanical treasures, Chris also works closely with the harvesters to improve sustainable cultivation techniques, elevate fair wage and fair trade practices, and support traditional cultures.

From the heart of the native lands to the road less traveled, this trail-blazing voyager has now teamed up with Enzymatic Therapy® to bring you the very best natural remedies manufactured to FDA pharmaceutical standards and certified by a USDA accredited certifying agent as an organic manufacturer.

†Indiana Jones® is a registered trademark of Lucasfilm Ltd. Lucasfilm Ltd. is not a sponsor of or affiliated with Chris Kilham, The Medicine Hunter®, or Enzymatic Therapy, Inc.

**Enzymatic
Therapy™**

VEGETARIAN

Calming Sleep™**

Safe, Natural Ingredients—No Drugs

SLEEP BETTER TONIGHT!*

Unlike other sleep aids, Calming Sleep is clinically proven to help you get a good night's sleep without any next-day feeling of grogginess.*

Calming Sleep contains a combination of all-natural ingredients that allows your body and mind to relax by reducing levels of the stress hormone cortisol.* Calmly drift off to sleep and enjoy a healthy sleep cycle tonight, so you will wake up refreshed.*

Safe, natural, and non-habit forming, Calming Sleep will help you greet the day recharged and alert after a good night sleep tonight.*

Calming Sleep also supports the balance of neurotransmitters in the brain for optimal sleep and positive mood.*

- Clinically tested—Improves sleep quality for occasional sleeplessness*
- Produces deeper, more restful sleep*
- Wake up refreshed, not groggy*



Enhance Life's Journey, Naturally!®
with the very best from The Medicine Hunter®.

Printed with environmentally-friendly water-based inks.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Enhance Life's Journey,
NATURALLY.®

**Calming
SLEEP™****
TABLETS

X? Reduces **STRESS** to promote
a deeper, more restful sleep*

X? Sleep better, safely & naturally*

X? Wake up refreshed, not groggy*

28 TABLETS

DIETARY SUPPLEMENT

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Supplement Facts

Serving Size 1 tablet

Amount per tablet	%DV††
Sodium	5 mg <1%††
Ashwagandha (Withania somnifera) (Sensoril® brand) Root and Leaf Extract standardized to contain 8% withanolides	200 mg **
Magnolia (Magnolia officinalis) Bark Extract standardized to contain 2% honokiol and 1% magnolol	150 mg **
Epimedium (Epimedium koreanum) Aerial Part Extract 8:1	75 mg **
L-Theanine (Suntheanine® brand)	50 mg **
Phosphatidylserine (from purified soybean lecithin)	50 mg **

††Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: dextrose, cellulose, modified cellulose gum, modified cellulose, magnesium stearate, stearic acid, titanium dioxide color, soy lecithin and carnauba wax.

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Caution: This product will relax you and drowsiness may occur. Avoid driving, operating heavy machinery or consuming alcoholic drinks while using this product. If pregnant, nursing, taking prescription drugs or if you suffer with chronic insomnia, consult your healthcare practitioner prior to use. Keep out of reach of children.

Sensoril® is protected under U.S. Patent 6,713,092 and is a trademark of Natreon, Inc.

Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.

Recommendations: For adults, one tablet before bedtime. Increase to two tablets during times of high stress.

All colors used are from natural sources.



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