

NEW LOOK

Centerline

Fold

Fold

Pure Protein® Shakes are delicious and convenient – the ideal high protein supplement for pre and post workout! Our shakes are packed with 35 grams of protein to help support lean muscle and strength, plus an excellent source of calcium to help build strong bones. Pure Protein® shakes are also low fat, gluten free and have only 1% DV of carbs for low carb lifestyles. These shakes are the perfect source to help you meet your goals and power through your workout!

Directions: For adults, drink 1 can as a high protein snack.

KEEP OUT OF REACH OF CHILDREN

SERVE CHILLED

SHAKE GENTLY

REFRIGERATE AFTER OPENING

CONTENTS UNDER
PRESSURE: OPEN
SLOWLY TO REDUCE
POTENTIAL SPLASHING

HI, ME 5¢

18-54470 / 100070970

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7

49826 16890

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PURE PROTEIN® SHAKE



COOKIES 'N CREME
NATURALLY & ARTIFICIALLY FLAVORED

35g
PROTEIN

4g
CARBS

170
CALORIES

Low Fat

Supports Lean Muscle & Strength
Excellent Source of Calcium

NOTICE:

Use this product as a food supplement only.
Do not use for weight reduction.

11 fl. oz. (325 mL)

Nutrition Facts

Serving Size 1 Can

Amount Per Serving

Calories 170 Calories from Fat 10

%Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 160mg **7%**

Potassium 250mg **7%**

Total Carbohydrate 4g **1%**

Dietary Fiber 2g **8%**

Sugars 1g

Protein 35g **70%**

Vitamin A 0% Vitamin C 0%

Calcium 90% Iron 8%

Phosphorus 50% Magnesium 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Sat Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Potassium 3,500mg 3,500mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Protein 50g 65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Water, Protein Blend (Milk Protein Concentrate, Calcium Caseinate), Cocoa (processed with alkali), Natural and Artificial Flavors (contains caramel color), Tricalcium Phosphate, Cellulose Gel, Soybean Oil, Sucralose, Salt, Sodium Citrate, Cellulose Gum, Dipotassium Phosphate, Acesulfame Potassium, Carrageenan.

Contains milk and soy ingredients.

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Carefully Manufactured for
Worldwide Sport Nutritional Supplements, Inc.
Bayport, NY 11705

For questions or reorders call:
1-800-854-5019 or visit our
website at www.pureprotein.com

