

CAUTION: Vibrant Cleanse is intended for short term 3 to 10 day fasts. Longer cleansing fasts of up to 30 days are recommended **ONLY** under the advice and guidance of a health professional. Consult your health care practitioner if you are trying to become pregnant, take medication, or have a medical condition. Do not use if you are pregnant or nursing.

Mfg. for & Dist. by
Vibrant Health
Canaan, CT 06018
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www.vibranthealth.us
MADE IN THE USA SINCE 1992

► **Why Cleanse?** The purpose of a cleansing fast is to remove metabolic waste and accumulated environmental toxins from the cells of the body. Toxins retained in tissues may be deleterious to health. For example, some are carcinogens; some disrupt critical enzyme systems; some suppress immunity. Vibrant Cleanse is intended to dissolve and eliminate cellular waste to preserve youth and elasticity regardless of your years.*

► **How to Cleanse** During the cleanse, **you will not eat any solid foods.** You will drink 6-8 glasses (hot or cold) of Vibrant Cleanse per day. You can have unlimited amounts of water and herbal tea. You can stay on the cleanse for as little as 3 days (most common for those new to cleansing) and up to 30 days. A 10 day cleansing fast is common. **Additional How To Cleanse and Post-Cleanse information inside.**

► **Laxative Tea** You can accelerate a complete elimination and cleansing if desired through the use of our unique laxative herb tea in the morning and/or evening. Most find it more convenient and helpful to drink a gentle laxative tea at night to aid morning elimination.*

► **Himalayan Salt** A salt water purge can provide a thorough cleansing of the gastrointestinal tract. This is to be taken on an empty stomach. Total elimination can be expected within an hour or two. The salt water purge will quickly flush toxins released during the fast.*
Pristine, pure, 100% natural and raw.

Bonus

► **Field of Greens** is the benchmark green food product for anyone seeking an organic, purely green food with maximum nutritional value. It is potently alkalizing. Use this free sample of Field of Greens as part of your best post-cleansing diet program.*

Supplement Facts

	Amount per serving	% DV
Serv. Size 1 packet (15g)		Serv. per container 18
Calories	50	
Calories from fat	2	
Total Carbohydrate	14 g	5%
Sugars	12 g	
Vitamin C	6.6 mg	11%
Calcium	19.35 mg	2%
Iron	0.1 mg	<1%
Grade B Maple Syrup powder (certified organic)	12.71 g	*
Lemon Juice crystals (certified organic)	2.15 g	*
Cayenne pepper powder (certified organic)	140 mg	*

*Daily value not established.



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VIBRANT HEALTH®
WHERE SCIENCE & NATURE MEET

The Convenient,
All-in-One Master Cleanse Kit

VIBRANT CLEANSE®

Detox Box

Organic Ingredients
Gluten Free/Soy Free

DIETARY SUPPLEMENT

3-DAY CLEANSE KIT

INCLUDES

- Vibrant Cleanse®
- Laxative Tea
- Himalayan Salt

Master Cleanse with Vibrant Cleanse

► **Vibrant Cleanse®** is the rapidly soluble, convenient, certified organic, powdered version of the **Master Cleanse Lemonade Diet**. It provides a broad array of vitamins and minerals concentrated from organic grade B maple syrup and freeze dried organic lemon juice with a dash of organic cayenne pepper. Reconstituted in water, they provide sustenance as the sole source of nutrition in a lemonade diet intended to take the place of regular meals as a short term liquid fast. Its purpose is to mobilize and eliminate toxins stored in fatty tissue, liver, kidney and other organs. Liquefied nutrients are more easily taken up. As a result, the hard work of digestion and absorption is reduced during the period of time spent on Vibrant Cleanse. At the same time, the processes of cellular waste removal and elimination continue. The energy centers of every cell, the mitochondria, burn free fatty acids to produce energy, not glucose as many people think. Vibrant Cleanse forces the break down of excess body fat in order to liberate free fatty acids needed for energy production.*



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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