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To assure optimal extraction of Valerian's bioactive compounds, the rhizome & roots are hand-harvested in autumn or spring and are then taken directly to our laboratory and promptly extracted while still fresh and succulent.

We prepare our Valerian Extract from the fresh (undried) rhizome & roots of *Valeriana officinalis* plants which are **Certified Organically Grown** on our own farm.

007

LIQUID HERBAL EXTRACT

VALERIAN

Valeriana officinalis

Fresh Rhizome & Root

Promotes Relaxation
& Restful Sleep*



HERBAL SUPPLEMENT

2 fluid ounces (59.2 ml)

Valerian Liquid Extract

Ingredients: certified organic grain alcohol (54-64%) & Valerian extractives.

Fresh herb / menstruum ratio: 1 : 1.25

SUGGESTED USE

SHAKE WELL BEFORE USING

Two to five times per day
take 30 to 40 drops in a little water.

Keep Out of the Reach of Children

HERB PHARM • WILLIAMS, OR 97544
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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.