

alcohol-free

# LEMON BALM

NERVOUS SYSTEM

Calming



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

## SUGGESTED USE

SHAKE WELL BEFORE USING

Add one full squeeze of the dropper bulb to  
2 oz. of water or juice, two to five times per day.

Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

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## Lemon Balm Glycerite

*Support for a Calm Mind  
& Mild, Occasional Anxiety\**

### Supplement Facts

Serving Size: 0.7 ml

Servings Per Container: about 168

Amount Per Serving **(E)**

817 mg †

Lemon Balm herb (*Melissa officinalis*) **(D)**

† Daily Value not established

Other Ingredients: certified organic vegetable  
glycerin & distilled water. **GLUTEN-FREE**

**(D)** Certified Organic

**(E)** Equivalent to approx. 233 mg of herb.

### CONTAINS NO ALCOHOL

Dry herb / menstruum ratio: 1 : 3

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CERTIFIED ORGANIC BY ORGANIC CERTIFIERS

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT  
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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