## Naturally Sourced from Organic Fruits

Unlike other supplements that use isolated ascorbic acid or cultured bacteria as the source of vitamin C. Alive! Whole Food Vitamin C derives its entire vitamin C content from four of Mother Nature's most potent organic fruit sources.



Organic

Acerola







Organic

Organic Kiwi

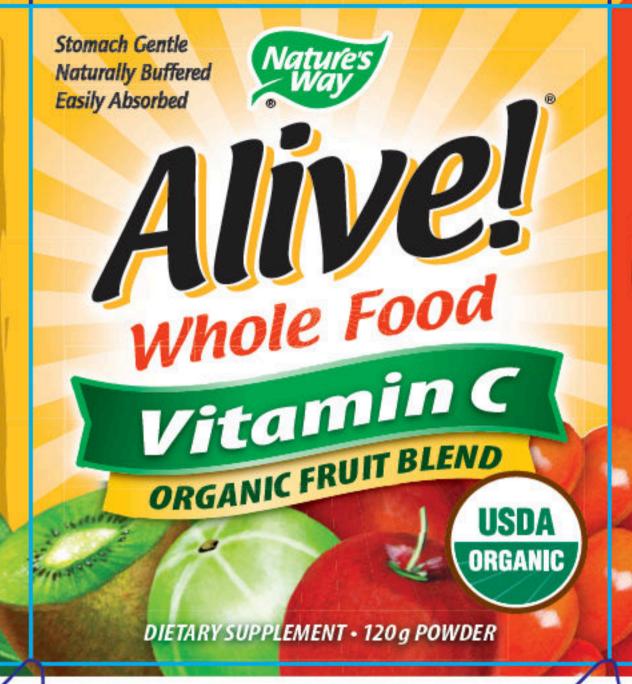
SATISFACTION GUARANTEED, Safety sealed with outer shrinkwrap and inner freshness seal. Do not use if either seal is broken or missing. Keep out of reach of children.

## 100% Whole Food Complex Vitamin C

Within whole foods, vitamin C is naturally part of a total complex that includes ascorbic acid, bioflavonoids and co-factors known to aid its absorption. Food-source vitamin C is also naturally buffered, so it's less acidic and gentler on the stomach. Alive!® Whole Food Vitamin C is complete vitamin C just as Mother Nature grows it.

- Certified Organic All-Natural
- Vegetarian Formula
  Non-GMO
- Easily Absorbed
  Stomach Gentle

Free of common food allergens. No corn, lactose, milk, soy, sugar, wheat or yeast. No artificial ingredients or preservatives.



Recommendation: Stir powder into an 8 ounce glass of water or juice, or add to smoothies. For 500 mg of vitamin C take I rounded teaspoon daily. For 1000 mg take I rounded teaspoon twice daily.



## Supplement Facts

Serving Size 1 Rounded Teaspoon (4g) Servings per Container 30

Amount per Serving		% Daily Value	
Calories	15	**	
Total Carbohydrate	3 g	1%†	
Vitamin C	500 mg	833%	

(from organic acerola [fruit], organic goji [fruit], organic kiwi [fruit], organic amla [fruit])

†Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Organic manioc root

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> Questions? Call 1-800-9NATURE or visit naturesway.com



Also Available in Capsules

LBN15143.02 (BLK7614) (RM22.8158)



Lot #:

Best By: