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SUGGESTED USE
SHAKE WELL BEFORE USING
Add one full squeeze of the
dropper bulb to 2 oz. of water or
juice, two to five times per day.
Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

alcohol-free

LEMON BALM

NERVOUS SYSTEM

Calming



HERBAL SUPPLEMENT



1 fluid ounce (30 ml)

Lemon Balm Glycerite

*Support for a Calm Mind
& Mild, Occasional Anxiety**

Supplement Facts

Serving Size: 0.7 ml Servings Per Container: about 42

Amount Per Serving	817 mg †
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Lemon Balm herb (<i>Melissa officinalis</i>)	Ⓢ
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† Daily Value not established

Other Ingredients: certified organic vegetable
glycerin & distilled water. **GLUTEN-FREE**

Ⓢ Certified Organic

Ⓢ Equivalent to approx. 233 mg of herb.

CONTAINS NO ALCOHOL

Dry herb / menstruum ratio: 1 : 3

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

CERTIFIED ORGANIC BY ORGANIC CERTIFIERS

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.