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Herb Pharm's Kava is prepared from the whole rhizome & root (never peel, stem or leaf) of 4 to 8 year-old plants from the South Pacific islands of Vanuatu.

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LIQUID HERBAL EXTRACT

KAVA

Piper methysticum
Rhizome & Root

Promotes Peaceful Relaxation
Reduce Stress & Frustration*



HERBAL SUPPLEMENT

2 fluid ounces (59.2 ml)

Kava Liquid Extract

Ingredients: certified organic grain alcohol (83-93%)
& Kava extractives.

Dry herb / menstruum ratio: 1 : 1

SUGGESTED USE

SHAKE WELL BEFORE USING

Two to five times per day
take 30 to 40 drops in a little water.

Caution: FDA advises that a potential risk of rare, but severe, liver injury may be associated with kava. Ask a healthcare professional before use if you have, or have had, liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if liver symptoms occur (unusual fatigue, abdominal pain, appetite loss, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Do not take with alcoholic beverages. Excessive use may briefly impair ability to drive, or operate machinery.

Keep Out of the Reach of Children

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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.