

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.[®]*



Nettle (*Urtica dioica*) is a source of chlorophyll in whole herb form. It is extensively used as a folk medicine.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Nettle is carefully harvested, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

Actual Capsule Size



PREMIUM

**Nature's
Way**

HERBAL

Nettle Leaf



Source of
CHLOROPHYLL

100 Capsules / **Certified 435 mg**

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules twice daily, preferably with food.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	% Daily Value	
Total Carbohydrate	1 g	<1%†
Calcium	24 mg	2%
Nettle (leaf)	870 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Gelatin (capsule)

Did you know? Nature's Way[®] Nettle leaf is harvested from the wild, gently dried and ground to a usable form. It contains no chemicals, additives or artificial coloring.

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