

MAX POTENCY ALIVE![®]
BALANCED FOR ADULTS

- Maximized levels of vitamins, minerals, antioxidants and food-based nutrients
- High potency B-vitamins for energy*
- Extra cardiovascular support with CoQ10 and hawthorn*
- 1,000 IU of Vitamin D
- Plus antioxidants, açai and pomegranate

26
Fruits & Veggies

12
Digestive Enzymes

14
Green Foods

25
Vitamins & Minerals

18
Amino Acids

12
Mushrooms (Organic)

40+
Antioxidant Sources

WHOLE BODY NOURISHMENT
with essential nutrients that help support healthy bones, eyes, heart, colon, daily energy and immune defense*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SATISFACTION GUARANTEED. Safety sealed for your protection with printed outer shrinkwrap and printed inner freshness seal under child resistant bottle cap. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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Questions? Call 1-800-9NATURE or visit www.naturesway.com

CLEAR-COATED
TABLET


LN14928.B02 (80058) 0 3 3 6 7 4 1 4 9 2 8 7



Alive![®]

Whole Food Energizer[™]

Multi-Vitamin

MAX POTENCY

VITAMINS • MINERALS • 26 FRUITS/VEGETABLES
Green Foods • Enzymes • Mushrooms • Lutein
Antioxidants • Amino Acids • Resveratrol

#1
MEGA
NUTRIENT

180 TABLETS • DIETARY SUPPLEMENT

Recommendation: Take 3 tablets daily, preferably with food. As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use. Not formulated for children. Do not exceed recommended use.

Supplement Facts		Amount Per Serving	% DV
Serving Size 3 Tablets / Servings Per Container 60			
Amount Per Serving		% DV	
Calories		15	
Total Carbohydrate		3 g	1%†
Dietary Fiber		<1 g	3%
Protein		<1 g	1.5%
Vitamin A (33% [5,000 IU] as retinyl acetate and 67% [10,000 IU] as beta carotene)		15,000 IU	300%
Vitamin C (ascorbic acid)		1,000 mg	1,667%
Vitamin D (as cholecalciferol)		1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)		200 IU	667%
Vitamin K (as phytonadione)		80 mcg	100%
Thiamin (as thiamin mononitrate)		25 mg	1,667%
Riboflavin (Vitamin B2)		25 mg	1,471%
Niacin (as niacinamide)		125 mg	625%
Vitamin B6 (as pyridoxine HCl)		50 mg	2,500%
pyridoxal 5-phosphate			
Folic Acid		400 mcg	100%
Vitamin B12 (as cyanocobalamin)		200 mcg	3,333%
Biotin		325 mcg	108%
Pantothenic Acid (as d-calcium pantothenate)		125 mg	1,250%
Calcium (as citrate/carbonate)		250 mg	25%
Iron (as amino acid chelate)		18 mg	100%
Iodine (from kelp powder, as potassium iodide)		150 mcg	100%
Magnesium (as citrate/oxide)		125 mg	31%
Zinc (as zinc gluconate)		15 mg	100%
Selenium (as L-selenomethionine)		200 mcg	286%
Copper (as amino acid chelate)		2 mg	100%
Manganese (as amino acid chelate)		5 mg	250%
Chromium (as chromium picolinate)		250 mcg	208%
Molybdenum		75 mcg	100%
Sodium		15 mg	1%
Potassium (as amino acid chelate)		50 mg	1%
Green Food/Spirulina Blend		400 mg	**
Spirulina (microalgae); Alfalfa (leaf, stem); Barley Grass (grass);			
Dandelion (leaf); Wheat Grass (grass); Melissa (leaf); Lemon Grass (grass); Nettle (leaf); Blessed Thistle (stem, leaf, flower); Chlorella (broken-cell microalgae); Plantain (leaf); Blue Green Algae (microalgae); Cilantro (leaf); Kelp (whole thallus); providing amino acids: Glutamic acid, Aspartic acid, Arginine, Leucine, Lysine, Serine, Phenylalanine, Valine, Isoleucine, Alanine, Proline, Glycine, Threonine, Tyrosine, Histidine, Methionine, Cysteine, Tryptophan			
Cardiovascular Blend with Resveratrol		100 mg	**
Hawthorn (berry); Japanese Knotweed standardized to 50% resveratrol; Coenzyme Q10 (ubiquinone)			
Orchard Fruits [™] Blend		100 mg	**
Pomegranate (seed); Açai Extract (whole palm fruit); Juice Powders: Grape; Plum; Cranberry; Blueberry; Strawberry; Blackberry; Bilberry; Cherry; Apricot; Papaya; Orange; Pineapple			
Garden Veggies [™] Juice Powder Blend		100 mg	**
Parsley; Kale; Spinach; Wheat Grass; Brussels Sprout; Asparagus; Broccoli; Cauliflower; Beet; Carrot; Cabbage; Garlic			
Organic Mushroom Defense Blend		100 mg	**
Cordyceps; Reishi; Shiitake; Hiratake; Maitake; Yamabushitake; Himematsutake; Kawaratake; Chaga; Zhu Ling; Agarikon; Mesima			
Digestive Enzyme Blend: Concentrated		100 mg	**
enzyme formula (Protease I, Protease II, Amylase, Peptidase, Lactase, Cellulase, Alpha Galactosidase, Invertase, Lipase); Betaine HCl; Bromelain (from pineapple); Papain (from papaya)			
Omega 3/6/9 Fatty Acid Seed Blend		100 mg	**
Flax Seed Powder (dry, cold pressed); Sunflower Seed Powder (dry, cold pressed)			
Citrus Bioflavonoid Complex (from lemon, orange, grapefruit, lime, tangerine) providing: Hesperidin, Naringin, Naringin, Eriocitrin, Flavonols and Flavones		60 mg	**
Siberian Eleuthero (root)		50 mg	**
Inositol		50 mg	**
Choline (as choline bitartrate)		30 mg	**
Rutin		25 mg	**
Boron (as amino acid chelate)		1 mg	**
Lutein (from marigold)		500 mcg	**

Other ingredients: Vegetable cellulose, Vegetable stearic acid, Vegetable modified cellulose gum, Vegetable modified cellulose, Silica, Vegetable magnesium stearate, Vegetable glycerin.
Contains no sugar, yeast, wheat grain, dairy products, artificial flavors, colors or preservatives.