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Store away from heat & light
Keep Out of the Reach of Children

*Caution: Seek expert medical advice
before taking during pregnancy.*

Best taken between meals.

or juice, two to four times per day.
Take up to 40 drops in 2 oz. of water

SHAKE WELL BEFORE USING

SUGGESTED USE

whole root
OSHA

RESPIRATORY SYSTEM*



HERBAL SUPPLEMENT

4 fluid ounces (118.4 ml)

005

Osha Liquid Extract

Ingredients: certified organic alcohol (66-76%), distilled water & Osha extractives. **GLUTEN-FREE**

Dry herb / menstruum ratio: 1 : 5

We prepare our Osha Extract from the roots of *Ligusticum porteri* plants which are **Sustainably Wildcrafted** in their native habitat.

To assure optimal extraction of Osha's bioactive compounds, the roots are hand-harvested only after the plants' seeds have fully matured, and are then carefully shade-dried and thoroughly extracted.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.