



Keep Out of the Reach of Children
Store away from heat & light

*Caution: Seek expert medical advice
before taking during pregnancy.*

Best taken between meals.
or juice, two to four times per day.
Take up to 40 drops in 2 oz. of water

SUGGESTED USE
SHAKE WELL BEFORE USING

006

whole root
OSHA
RESPIRATORY SYSTEM



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

Osha Liquid Extract

Ingredients: certified organic alcohol
(66-76%), distilled water & Osha extractives.
GLUTEN-FREE

Dry herb / menstruum ratio: 1 : 5

We prepare our Osha Extract from the root of
Ligusticum porteri plants which are
Sustainably Wildcrafted in their natural
habitat.

To assure optimal extraction of Osha's
bioactive compounds, the root is hand-
harvested only after the plant's seeds have
fully matured, and is then carefully shade-
dried and thoroughly extracted.

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com