■ Health & longevity through the healing power of nature-that's what it means to Trust the Leaf.®



Methylsulfonylmethane (MSM) is a natural sulfur compound that helps support healthy joint function.* OptiMSM® is the pure and patented form of MSM and is distilled for purity.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our MSM is carefully tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Actual Tablet Size



Recommendation: Take 1 tablet up to four times daily with meals or water.

Supplement Facts

Serving Size 1 Tablet Servings Per Container 200

Amount Per Serving

% Daily Value

MSM 1g (1,000 mg) (Methylsulfonylmethane as OptiMSM®)

**Daily Value not established.

Other ingredients: Vegetable cellulose, Vegetable modified cellulose, Vegetable magnesium stearate, Vegetable glycerin, and Vegetable acacia.

Vegetarian Formula. Nature's Way® MSM contains no preservatives, yeast, milk, lactose, wheat, sugar, corn, or soy.

OptiMSM® is a trademark of Bergstrom Nutrition.

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