

MAX POTENCY ALIVE!®

BALANCED FOR ADULTS

- Maximized levels of vitamins, minerals, antioxidants and food-based nutrients
- Mega B-vitamins for energy*
- Extra cardiovascular support with resveratrol, CoQ10 and hawthorn*
- 1,000 IU of Vitamin D
- Plus pomegranate and açai for extra antioxidants



WHOLE BODY NOURISHMENT

with essential nutrients that help support:

BONE HEALTH* Boron, Calcium, Folic Acid, Magnesium, Manganese, Vitamins D & K	COLON HEALTH* Calcium, Folic Acid, Selenium, Vitamin D
DAILY ENERGY* Magnesium, Niacin, Pantothenic Acid, Riboflavin, Thiamin, Vitamin B6	EYE HEALTH* Lutein, Vitamin A (Beta Carotene), Vitamin C, Vitamin E, Zinc
HEART HEALTH* Folic Acid, Pomegranate, Resveratrol, Vitamins C & E, Vitamins B6 & B12	IMMUNE DEFENSE* Antioxidants, Selenium, Vitamin A, Vitamin C, Vitamin D, Zinc

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NO ADDED IRON

Nature's Way

Alive!

Whole Food Energizer™

Multi-Vitamin MAX POTENCY

#1
MEGA
NUTRIENT

60 TABLETS • DIETARY SUPPLEMENT

SATISFACTION GUARANTEED. Safety sealed for your protection with printed outer shrinkwrap and printed inner freshness seal under bottle cap. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed. Keep out of reach of children.



LEAD 4030 302 (300-0)

Recommendation: Take 3 tablets daily, preferably with food. As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use. Not formulated for children. Do not exceed recommended use.

Supplement Facts

Serving Size 3 Tablets / Servings Per Container 20

Amount Per Serving		% DV
Calories	15	
Total Carbohydrate	3 g	1%†
Dietary Fiber	<1 g	3%†
Protein	<1 g	1.5%†
Vitamin A (33% [5,000 IU] as retinyl acetate and 67% [10,000 IU] as beta carotene)	15,000 IU	300%
Vitamin C (ascorbic acid)	1,000 mg	1,667%
Vitamin D (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%
Vitamin K (as phytonadione)	80 mcg	100%
Thiamin (as thiamin mononitrate)	25 mg	1,667%
Riboflavin (Vitamin B2)	25 mg	1,417%
Niacin (as niacinamide)	125 mg	625%
Vitamin B6 (as pyridoxine HCl/pyridoxal 5-phosphate)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	200 mcg	3,333%
Biotin	325 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	125 mg	1,250%
Calcium (as citrate/carbonate)	250 mg	25%
Iodine (from pacific kelp powder, as potassium iodide)	150 mcg	100%
Magnesium (as citrate/bisite)	125 mg	31%
Zinc (as zinc gluconate)	15 mg	100%
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as amino acid chelate)	2 mg	100%
Manganese (as amino acid chelate)	5 mg	250%
Chromium (as chromium picolinate)	250 mcg	208%
Molybdenum	75 mcg	100%
Sodium	15 mg	1%
Potassium (as amino acid chelate)	50 mg	1%
Green Food/Spirulina Blend	400 mg	**

Spirulina (microalgae), Alfalfa (leaf, stem), Barley Grass (grass), Dandelion (leaf), Wheat Grass (grass), Melissa (leaf), Lemon Grass (grass), Nettles (leaf), Blessed Thistle (stem, leaf, flower), Chlorella (broken-cell microalgae), Plantain (leaf), Blue Green Algae (microalgae).

Amount Per Serving % DV

Citron (leaf), Kelp (whole thallus); providing amino acids: Glutamic acid, Aspartic acid, Arginine, Leucine, Lysine, Serine, Phenylalanine, Valine, Isoleucine, Alanine, Proline, Glycine, Threonine, Tyrosine, Histidine, Methionine, Cysteine, Tryptophan		
Cardiovascular Blend with Resveratrol	100 mg	**
Hawthorn (berry); Japanese Knotweed standardized to 50% resveratrol; Coenzyme Q10 (ubiquinone)		
Orchard Fruits™ Blend	100 mg	**
Pomegranate (seed), Açai Extract (whole palm fruit); Juice Powders: Grape, Plum, Cranberry, Blueberry, Strawberry, Blackberry, Bilberry, Cherry, Apricot, Papaya, Orange; Pomegranate		
Garden Veggies™ Juice Powder Blend	100 mg	**
Parsley, Kale, Spinach, Wheat Grass, Brussels Sprout, Asparagus, Broccoli, Cauliflower, Beet, Carrot, Cabbage, Garlic		
Organic Mushroom Defense Blend	100 mg	**
Cordyceps; Reishi; Shiitake; Hericium; Maitake; Yamabushitake; Himehatutake; Kawanatake; Chaga; Zhu Ling; Agarikon; Mesima		
Digestive Enzyme Blend	100 mg	**
Concentrated enzyme formula (Protease I, Protease II, Peptidase SP, Amylase, Lactase, Invertase, Lipase, Cellulase, Alpha Galactosidase; Bifidobacterium; Bromelain from pineapple; Papain from papaya)		
Omega 3/6/9 Fatty Acid Seed Blend:	100 mg	**
Flax Seed Powder (dry, cold pressed); Sunflower Seed Powder (dry, cold pressed)		
Citrus Bioflavonoid Complex (from lemon, orange, grapefruit, lime, tangerine); providing: Hesperidin, Naringin, Narirutin, Eriodiol, Flavonols and Flavones	60 mg	**
Sheridan Eleuthero (root)	50 mg	**
Inositol	50 mg	**
Choline (as choline bitartrate)	30 mg	**
Rutin	25 mg	**
Boron (as amino acid chelate)	1 mg	**
Lutein (from marigold)	500 mcg	**

**Percent Daily Values are based on a 2,000 calorie diet. **Daily Value (DV) not established.

Other ingredients: Vegetable cellulose, Vegetable stearic acid, Vegetable modified cellulose gum, Silica, Vegetable modified cellulose, Vegetable magnesium stearate, Vegetable glycerin.

Contains no sugar, yeast, wheat grain, dairy products, artificial flavors colors or preservatives.

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Questions? Call 1-800-5NATURE or visit www.naturesway.com