

Suggested Use: Take 1 capsule twice daily, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.) Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Lot# 6074141

6-2013

Herbal Supplement

Psyllium Husk

*Digestion Support**

560 mg.
60 Capsules

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value	
Calories	0	0%
Total Carbohydrates	0.5 g	0%
Dietary Fiber	0.5 g	2%
Psyllium husk powder (hulls)	560 mg	†

† Daily Value not established.

Other Ingredients: Gelatin, rice flour.

Distributed by: Indiana Botanic Gardens, Inc.

3401 W. 37th Ave. Hobart, IN 46342



*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

