

Kava Liquid Extract

Promotes Peaceful Relaxation

Reduces Stress & Frustration*

Ingredients: certified organic alcohol (83-93%)
& Kava extractives. **GLUTEN-FREE**

Dry herb / menstruum ratio: 1 : 1

Herb Pharm's Kava is **Sustainably Grown** and harvested in the remote Vanuatu Islands in the South Pacific. Our Kava is prepared from the whole rhizome & root (never peel, stem or leaf) of 4 to 8 year-old *Piper methysticum* plants, and is extracted using only pharmaceutical-grade alcohol (never industrial solvents).

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

rhizome & root

KAVA

NERVOUS SYSTEM*

Calming & Stabilizing*



HERBAL SUPPLEMENT

4 fluid ounces (118.4 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Take up to 40 drops in 2 oz. of water
or juice, two to five times per day.

Best taken between meals.

Caution: FDA advises that a potential risk of rare, but severe, liver injury may be associated with Kava. Ask a healthcare professional before use if you have, or have had, liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if liver symptoms occur (unusual fatigue, abdominal pain, appetite loss, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Do not take with alcoholic beverages. Excessive use may briefly impair ability to drive, or operate machinery.

Keep Out of the Reach of Children

Store away from heat & light

