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SUGGESTED USE

SHAKE WELL BEFORE USING

Take up to 40 drops in 2 oz. of water or juice, two to four times per day. Best taken between meals.

Keep Out of the Reach of Children
Store away from heat & light

inner bark
WHITE OAK

OPTIMAL WELL-BEING



HERB PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

White Oak Liquid Extract

Ingredients: certified organic alcohol (40-50%), distilled water, vegetable glycerin & White Oak extractives. **GLUTEN-FREE**

Dry herb / menstruum ratio: 1 : 4

We prepare our White Oak Extract from the inner bark of the *Quercus alba* tree which is **Sustainably Wildcrafted** in its natural habitat.

To assure optimal extraction of White Oak's bioactive compounds, the inner bark is hand-harvested in spring or fall, is carefully shade-dried and cleaned of outer bark & wood, and is then thoroughly extracted.

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