

inner bark
WHITE OAK
OPTIMAL WELL-BEING



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Take up to 40 drops in 2 oz. of water
or juice, two to four times per day.
Best taken between meals.

Keep Out of the Reach of Children
Store away from heat & light

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White Oak Liquid Extract

Ingredients: certified organic alcohol (40-50%),
distilled water, vegetable glycerin & White Oak
extractives. **GLUTEN-FREE**

Dry herb / menstruum ratio: 1 : 4

We prepare our White Oak Extract from the inner
bark of the *Quercus alba* tree which is
Sustainably Wildcrafted in its natural habitat.

To assure optimal extraction of White Oak's
bioactive compounds, the inner bark is hand-
harvested in spring or fall, is carefully shade-dried
and cleaned of outer bark & wood, and is then
thoroughly extracted.

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