

SUGGESTED USE: As a dietary supplement, take one (1) tablet with a meal, or as directed by a healthcare professional.

Supplement Facts

Serving Size: One (1) Tablet
Servings Per Container: 30

Amount Per Serving:	% DV
Vitamin A (as palmitate)	5,000 IU 100%
Vitamin C (as ascorbic acid)	60 mg 100%
Vitamin D (as cholecalciferol)	800 IU 200%
Vitamin E	30 IU 100%
Vitamin B1 (as thiamin HCL)	3.68 mg 245%
Vitamin B 2 (as riboflavin)	4.20 mg 247%
Niacin (as inositol hexaniconatate)	35 mg 175%
Vitamin B-6 (pyridoxine HCL)	40 mg 2000%
Folic acid (Vitamin B-9)	800 mcg 200%
Vitamin B12 (as methylcobalamin)	70 mcg 1167%
d-Biotin	300 mcg 100%
Vitamin B-5 (as calcium pantotheanate)	10 mg 100%
Calcium (as calcium carbonate and dicakium phosphate)	95 mg 10%
Iodine (from kelp <i>Acophyllum nodosum</i>)	150 mcg 100%
Iron (as ferrous fumarate)	18 mg 100%
Magnesium (as magnesium oxide)	100 mg 25%
Manganese (as amino acid chelate)	2 mg 100%
Zinc (amino acid chelate)	15 mg 100%



DAILY ESSENTIALS WOMEN'S FORMULA

Nutritional Support Just For Women

DIETARY SUPPLEMENT

*Supports Metabolism**
*Energy and Stress Support**
*Support for Hair, Skin, Nails **

30 TABLETS PER BOTTLE / 30 SERVINGS

Supplement Facts Continued

Amount Per Serving:	% DV
Selenium (as L-selenmethionine)	90 mcg 129%
Chromium Picolinate (Chromax®)	120 mcg 100%
Molybdenum (amino acid chelate)	75 mcg 100%
Potassium (amino acid chelate)	20 mg 1%
Lycopene	350 mcg †
Lutein (Flora Glo®)	300 mcg †
Proprietary Blend	262.12 mg †
Green tea extract (leaf), Oolong tea extract (<i>Camellia sinensis</i>) (leaf), Garcinia extract (<i>Garcinia cambogia</i>) (rind) (standardized to 52% HCA), Citrus bioflavonoids, Soy isoflavones, Alpha-carotene, and Zeaxanthin.	
Boron (as amino acid chelate)	60 mcg †
Alpha Lipoic Acid	20 mg †
Vanadium (amino acid chelate)	10 mcg †

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Silica, Magnesium Stearate, Sodium Crosscarmellose.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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