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STINGING NETTLE BLEND

RESPIRATORY SYSTEM

SUGGESTED USE

SHAKE WELL BEFORE USING

Take up to 40 drops in 2 oz. of water
or juice, two to five times per day.

Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light



HERBAL SUPPLEMENT

4 fluid ounces (118.4 ml)

Stinging Nettle Blend Liquid Extract

Ingredients: proprietary extract blend:

Stinging Nettle herb (*Urtica dioica*)^{①②③}

Stinging Nettle seed (*Urtica dioica*)^{①②}

Other Ingredients: certified organic alcohol (48-58%)
& distilled water. **GLUTEN-FREE**

Fresh herb / menstruum ratio: 1 : 1.5

Dry herb / menstruum ratio: 1 : 3

- ① Certified Organically Grown
- ② Sustainably Wildcrafted
- ③ Fresh (undried)

To assure optimal potency, the leaf, seed & calyx are
are extracted separately according to their individual
biochemistry, and are then blended together to
produce a broad-spectrum extract.

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