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SUGGESTED USE
SHAKE WELL BEFORE USING
Take up to 40 drops in 2 oz. of water
or juice, two to five times per day.
Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

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STINGING NETTLE BLEND

RESPIRATORY SYSTEM *



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

Stinging Nettle Blend Liquid Extract

Ingredients: proprietary extract blend:

Stinging Nettle herb (*Urtica dioica*) ①②③

Stinging Nettle seed (*Urtica dioica*) ①②

Other Ingredients: certified organic alcohol
(48-58%) & distilled water. **GLUTEN-FREE**

Fresh herb / menstruum ratio: 1 : 1.5

Dry herb / menstruum ratio: 1 : 3

- ① Certified Organically Grown
② Sustainably Wildcrafted ③ Fresh (undried)

To assure optimal potency, the leaf & seed
are extracted separately according to their
individual biochemistry, and are then
blended together to produce a broad-
spectrum extract.

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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.