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Store away from heat & light

Keep Out of the Reach of Children

before taking during pregnancy.

Caution: Seek expert medical advice

Best taken between meals.

or juice, two to five times per day.

Take up to 40 drops in 2 oz. of water

SHAKE WELL BEFORE USING

SUGGESTED USE

SHEPHERD'S PURSE

OPTIMAL WELL-BEING



HERBAL SUPPLEMENT

4 fluid ounces (118.4 ml)

Shepherd's Purse Liquid Extract

Ingredients: certified organic alcohol (38-48%), distilled water & Certified Organic Shepherd's Purse extractives. **GLUTEN-FREE**

Fresh herb / menstruum ratio: 1 : 1.5

We prepare our Shepherd's Purse Extract from fresh (undried) *Capsella bursa-pastoris* plants which are **Certified Organically Grown** on our own farm.

To assure optimal extraction of Shepherd's Purse's bioactive compounds, we hand-harvest only the flowering, above-ground parts of the plants, which are then taken directly to our laboratory and promptly extracted while still fresh and succulent.

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CERTIFIED ORGANIC BY ORGANIC CERTIFIERS