

Menopause Formula with Black Cohosh

The Benefits of Soy

Soy, which contains phytoestrogens called isoflavones, has been clinically shown to ease hormonal transition.* Women with a soy-rich diet report lower incidence of hot flashes and other menopause symptoms.* Recent studies also show that women with a soy-rich diet have healthier bones and increased breast health.* The diets referred to in these studies involve fermented soy (as in foods like natto, miso and tempeh). EstroSoy™ Plus from Nature's Way® is a unique dietary supplement containing fermented soy consistent with the scientific research.

actual capsule size

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nature's Way EstroSoy™ PLUS

FERMENTED
SOY EXTRACT
plus
Black Cohosh

Menopause Formula

vegetarian
VCAPS™

Dietary Supplement

60 Vcaps®

Recommended Dose: Take 2 EstroSoy™ Plus capsules daily with water.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Total Carbohydrate	less than 1 g <1%†
Fermented Soy (bean), 6.0% extract (containing 40 mg total isoflavones)	670 mg **
Red Clover (blossom)	300 mg **
Standardized Black Cohosh (root, rhizome), 2.5% extract (containing 1 mg triterpene glycosides)	40 mg **

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily value not established.

Other ingredients: Plant-derived capsule (modified cellulose), Magnesium stearate

Caution: Do not use if you are pregnant, nursing or have a history of liver disorder. Not recommended for those attempting to conceive or adolescent females. Persons with thyroid disease or taking prescription drugs should consult your healthcare professional prior to taking this product.

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Nature's Way
EstroSoy Plus

Cyan

Magenta

Yellow

Black

PMS 355

With Enhanced
Absorption



EstroSoy™
plus Menopause
Formula

- Relieves Hot Flashes & Night Sweats*
- Supports Breast Health*
- Promotes Healthy Bones*

The EstroSoy™ Plus Difference

Whole Foods Approach: EstroSoy Plus is made from whole soybeans fermented with a proprietary process. Fermentation yields more isoflavones and a diversity of supportive nutrients including beta glucan and glutathione.

Enhanced Absorption: EstroSoy Plus delivers soy isoflavones (60% genistein, 40% daidzein) in their "free," unconjugated form for better absorption and more effective use within the body.

Non-GMO Soy:

EstroSoy Plus is made from 100% soybeans with no genetic modification.

Standardized Black Cohosh: Black Cohosh is a popular herbal with estrogen-like activity for menopause.



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Store in a cool, dry place.

The bottle inside is double sealed with a printed outer shrinkwrap film and a printed inner bottle freshness seal. Do not use if either seal is broken or missing. Keep out of reach of children.