

Supplement Facts

Serving Size: 2 Caplets

Servings Per Container: 60

Amount Per Serving:	% Daily Value*	Amount Per Serving:	% Daily Value*
Vitamin A (as Retinyl Palmitate)	3000 IU 60%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin C (Ascorbic Acid)	200 mg 333%	Magnesium (as Magnesium Oxide)	100 mg 25%
Vitamin D (as Cholecalciferol)	400 IU 100%	Zinc (as Zinc Oxide)	30 mg 200%
Vitamin E (as DL-Alpha Tocopherol Acetate)	60 IU 200%	Selenium (as Sodium Selenate)	50 mcg 71%
Vitamin K (as Phytonadione)	25 mcg 31%	Copper (as Copper Gluconate)	2 mg 100%
Thiamine (as Thiamin Mononitrate)	100 mg 6667%	Manganese (as Manganese Sulfate)	5 mg 250%
Riboflavin	100 mg 5882%	Chromium (as Chromium Chloride)	25 mcg 21%
Niacin (as Niacinamide)	100 mg 500%	Molybdenum (as Sodium Molybdate)	50 mcg 67%
Vitamin B6 (as Pyridoxine HCl)	100 mg 5000%	Chloride (from Potassium Chloride)	36 mg 1%
Folic Acid	400 mcg 100%	Potassium (as Potassium Chloride)	40 mg 1%
Vitamin B12 (as Cyanocobalamin)	100 mcg 1667%	Silicon (as Silicon Dioxide)	30 mg **
Biotin	100 mcg 33%	Boron (as Citrate)	150 mcg **
Pantothenic Acid (as Calcium d-Pantothenate)	40 mg 400%	Nickel (as Nickel Sulfate)	25 mcg **
Calcium (as Dicalcium Phosphate, Calcium Carbonate)	116 mg 12%	Tin (as Tin Chloride)	10 mcg **
Iron (as Ferrous Fumarate)	10 mg 56%	Vanadium	10 mcg **
Phosphorus (from Dicalcium Phosphate)	45 mg 5%	(as Vanadium Amino Acid Chelate)	

*Percent Daily Value (%DV) is based on a 2,000 calorie diet. **Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid, Maltodextrin, Croscarmellose Sodium, Magnesium Stearate, Polydextrose, Medium Chain Triglycerides, Hyaluronic Acid, Hydroxypropyl Methylcellulose, Polyethylene Glycol, Titanium Dioxide (color), FD&C Red #40, FD&C Yellow #6, Talc. **Contains: Soy.**

Distributed by: **Dymatize Enterprises, LLC**, Dallas, TX 75234 USA
(888) 334-LEAN / (214) 445-4864 / DYMATIZE.COM

Directions: As a dietary multiple vitamin and mineral supplement, take two caplets daily after a meal.

Storage: Store at room temperature 59°F-86°F (15°C-30°C).

Dymatize Super Multi caplets are easier to swallow and assimilate.

YOUR AMBITION. OUR NUTRITION.™

DYMATIZE NUTRITION™

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



DYMATIZE®
NUTRITION

SUPER MULTI

Multi Vitamin &
Mineral Supplement
Essential Performance
Support*

DIETARY
SUPPLEMENT

120 Caplets