

Health & longevity through
the healing power of nature—that's
what it means to Trust the Leaf.®



Kelp (*Ascophyllum nodosum*) is a nutritional seaweed. This species grows in the tides of coastal ocean waters from zero to ten feet deep. Nature's Way® uses whole dried plant **guaranteed to contain 0.06% iodine.**

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Kelp is carefully harvested, tested and produced to superior quality standards.

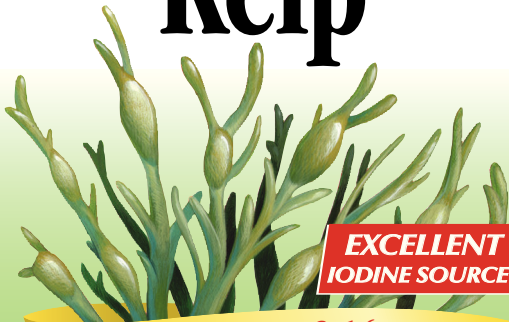
SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrink-wrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

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PREMIUM **Nature's Way** HERBAL

Kelp



**EXCELLENT
IODINE SOURCE**

180 Capsules / **Certified 600 mg**

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule daily, preferably with food. Do not exceed recommended dose.

Caution: This product should not be taken by persons with known hypersensitivity to iodine or hyperthyroidism. Consult a healthcare professional before using if you are pregnant, nursing, or taking a prescribed iodine medication.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 180

Amount Per Serving	% Daily Value	
Iodine	360 mcg	240%
Sodium	35 mg	1%
Kelp (whole thallus)	600 mg	**

**Daily Value not established.

Other ingredients: Gelatin (capsule)

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