

Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®



Marshmallow (*Althaea officinalis*) is known for its mucilaginous qualities, with usage dating back to ancient Greek and Roman cultures. Once widely used in French confectionary, it is unlike the puffy candy that received its name.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Marshmallow is carefully grown, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

(BLK8162A)
LNT14800.A02



PREMIUM **Nature's Way** HERBAL

Marshmallow Root



100 Capsules / **Certified 480 mg**

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules two times daily with food or water.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	% Daily Value	
Total Carbohydrate	<1 g	<1%†
Organic Marshmallow (root)	960 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: Gelatin (capsule)

Did you know? Marshmallow grows wild in wet areas, usually bordering marshes. For maximum benefit, we use roots that are at least two years old.

Actual Capsule Size

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Certified Organic by Quality Assurance Intl.

