

**PROBIOTIC. WHOLE.
NON-GMO PROJECT VERIFIED.**

Complete E Food Complex delivers essential nutrients in a safe and active form within the infinite complexity of food. Whole-food complexed Vitamin E, combined with organic Cinnamon, Oregano and Rosemary, provides key antioxidant support for cell protection and normal cell growth.* Complete E Food Complex provides mixed-spectrum tocotrienols and tocopherol for optimal Vitamin E benefits. Probiotic-cultured nutrients provide a broad spectrum of phytonutrients and ferment metabolites, including beta-glucans. Once-daily formula is easy to take, easy to digest, and can be taken anytime—even on an empty stomach!

Get the *Whole Truth!*

Sign up for our e-newsletter at: newchapter.com/newsletter

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

0662-C02

Please recycle this bottle after use.



**WHOLE
PROBIOTIC
NUTRIENTS**

COMPLETE E FOOD COMPLEX

Whole-Food Complexed Vitamin E
for Full-Spectrum Antioxidant Support*

Can be taken on an empty stomach



120 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Servings per container 120

One tablet contains

%DV

Probiotic Nutrients

Vitamin E †

50 IU

167%

Tocopherol and Tocotrienol Blend (*palm fruit*)†

35 mg

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Superfoods and Spices (Proprietary Blend)

Organic Spinach (*leaf*)

8 mg

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Organic Blueberry (*fruit*)

5 mg

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Organic Turmeric (*rhizome*) 1 mg powder† and 0.25 mg supercritical extract

1.25 mg

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Ginger (*rhizome*) 0.6 mg hydroethanolic extract

0.75 mg

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and 0.15 mg organic supercritical extract

Organic Cultured Herbal Extracts (Proprietary Blend)

Antioxidant Response †

10 mg

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Cinnamon (*bark*)†, Fenugreek (*seed*)†, Oregano (*leaf*)†, Cumin (*seed*)†,

Coriander (*seed*)†, Rosemary (*leaf*)†, Clove (*bud*)†, Allspice (*berry*)†, Peppermint (*leaf*)†

• Daily Value not established † Organic † Nutrients are cultured in organic media that may contain: organic milled soy, organic yeast (*Saccharomyces cerevisiae*, including beta-glucans), organic maltodextrin, organic gum acacia, organic molasses, enzymes and Lactobacilli (*L. acidophilus*, *L. bifidus*, *L. rhamnosus*).

Other ingredients: Organic milled rice, contains less than 2% of: organic gum acacia, silica, lac resin and carnauba wax.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).

Gluten free. 100% vegetarian; no artificial flavors or colors.

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Certified Organic by International Certification Services, Inc., Medina, ND, USA

Suggested use: One tablet daily. Can be taken anytime, even on an empty stomach.