

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.*®

 **Hydrangea** (*Hydrangea arborescens*) root was used by the Cherokee Indians and early settlers as a urinary tonic. It remains an important medicinal botanical for modern herbalist.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Hydrangea is carefully grown, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

LN14156.A01
(BLK8366A)



Recommendation: Take 2 capsules two times daily, preferably with food. Do not exceed recommended dose. Not recommended for long-term use.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	% Daily Value
Total Carbohydrate	1 g <1%†
Hydrangea (root)	740 mg **

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Gelatin (capsule), Magnesium stearate

Did you know? Hydrangea is a marsh or aquatic plant with bark that peels easily with each layer being a different color, hence its common name "Seven Barks."

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