

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Gotu Kola (*Centella asiatica*) is used in India similar to how the Chinese use Ginseng, for longevity and vitality. Although its name is similar to cola nut, Gotu "Kola" does not contain caffeine.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Gotu Kola is carefully grown, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrink-wrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

LN14008.100
(BLK8118)



PREMIUM

**Nature's
Way**

HERBAL

Gotu Kola

Herb



**LONGEVITY
& VITALITY**

180 Capsules / Certified 475 mg

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules daily, preferably with food.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 90

Amount Per Serving	% Daily Value	
Total Carbohydrate	1 g	< 1%†
Sodium	5 mg	< 1%
Gotu Kola (stem, leaf)	950 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Gelatin (capsule), Magnesium stearate



Nature's Select®

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Green Bay, WI 54311 USA

