

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Ginger (*Zingiber officinale*) root is **guaranteed to contain 1.3% essential oils** to ease stomach discomfort associated with travel and stimulate digestion to promote gastrointestinal comfort.*

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Ginger is carefully grown, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

LN13108.A03
(BLK0022A)



*This statement has not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



Recommendation: Take 2 capsules two to three times daily, or as needed for stomach discomfort.

If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 90

Amount Per Serving	% Daily Value	
Total Carbohydrate	<1 g	<1%†
Ginger (root)	1.1 g (1,100 mg)	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Silica

Actual Capsule Size

Did you know? Nature's Way® Ginger contains the aromatic essential oils gingerol and shogaol.

©2014 Nature's Way Products, LLC
Green Bay, WI 54311 USA

