

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.[®]*



Garlic (*Allium sativum*) is one of the most widely used traditional folk remedies and herbal medicines. It has a diversity of health benefits, from therapeutic use to promoting general well-being.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Garlic is carefully grown, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrink-wrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

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(BLK8263A)



PREMIUM

**Nature's
Way**

HERBAL

Garlic *Bulb*



100 Capsules / Certified 580 mg

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule one to three times daily with food or water.

Caution: Not for use while nursing.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

Amount Per Serving	% Daily Value
Garlic (bulb)	580 mg **

**Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose

Did you know? Garlic has been used as a food and as an herb since 3,000 B.C. by the Babylonians, Romans, Vikings and others. Garlic was extensively used for its therapeutic properties during World War I.

Actual Capsule Size

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