

## GNC Longevity Factors™ Multivitamin

### Supplement Facts

| Serving Size Two Green Caplets                                                                                                                               |               |       |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|-------|
| Amount Per Serving                                                                                                                                           | % Daily Value |       |
| Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)                                                                                                     | 5000 IU       | 100%  |
| Vitamin C (as Ascorbic Acid & Calcium Ascorbate)                                                                                                             | 200 mg        | 333%  |
| Vitamin D (as Cholecalciferol D-3)                                                                                                                           | 1600 IU       | 400%  |
| Vitamin E (as Natural d-alpha Tocopheryl Acetate)                                                                                                            | 30 IU         | 100%  |
| Vitamin K (as Phytonadione)                                                                                                                                  | 80 mcg        | 100%  |
| Thiamin (Vitamin B-1)(as Thiamin Mononitrate)                                                                                                                | 50 mg         | 3333% |
| Riboflavin (Vitamin B-2)                                                                                                                                     | 50 mg         | 2941% |
| Niacin (as Niacinamide & Niacin)                                                                                                                             | 50 mg         | 250%  |
| Vitamin B-6 (as Pyridoxine Hydrochloride)                                                                                                                    | 50 mg         | 2500% |
| Folic Acid                                                                                                                                                   | 400 mcg       | 100%  |
| Vitamin B-12 (as Cyanocobalamin)                                                                                                                             | 50 mcg        | 833%  |
| Biotin                                                                                                                                                       | 300 mcg       | 100%  |
| Pantothenic Acid (as Calcium d-Pantothenate)                                                                                                                 | 50 mg         | 500%  |
| Calcium (as Calcium Carbonate)                                                                                                                               | 500 mg        | 50%   |
| Magnesium (as Magnesium Oxide)                                                                                                                               | 100 mg        | 25%   |
| Zinc (as Zinc Oxide)                                                                                                                                         | 15 mg         | 100%  |
| Selenium (as L-Selenomethionine)                                                                                                                             | 200 mcg       | 286%  |
| Copper (as Cupric Oxide)                                                                                                                                     | 2 mg          | 100%  |
| Manganese (as Manganese Sulfate)                                                                                                                             | 2 mg          | 100%  |
| Chromium (as Hydrolyzed Protein Chelate)                                                                                                                     | 120 mcg       | 100%  |
| Molybdenum (as Sodium Molybdate)                                                                                                                             | 75 mcg        | 100%  |
| Healthy Aging Free Radical Protection Blend                                                                                                                  | 70 mg         | *     |
| alpha-Lipoic Acid, Green Tea Leaves Extract, Bilberry Fruit Powder, Elderberry Fruit Powder, Black Currant Fruit Powder, Blueberry Fruit Powder, Resveratrol |               |       |
| Skin Health Blend                                                                                                                                            | 50 mg         | *     |
| Collagen, Hyaluronic Acid (HA)                                                                                                                               |               |       |
| Memory Health Blend                                                                                                                                          | 20 mg         | *     |
| Phosphatidyl Serine, Choline (as Choline Bitartrate)                                                                                                         |               |       |
| Cranberry Concentrate (Vaccinium macrocarpon)                                                                                                                | 20 mg         | *     |
| Inositol                                                                                                                                                     | 10 mg         | *     |
| Silica (as Silicon Dioxide)                                                                                                                                  | 4 mg          | *     |

| Amount Per Serving                    | % Daily Value |   |
|---------------------------------------|---------------|---|
| Boron (as Hydrolyzed Protein Chelate) | 2 mg          | * |
| Lutemax 2020™ Lutein                  | 950 mcg       | * |
| Lycopene                              | 950 mcg       | * |
| Zeaxanthin                            | 190 mcg       | * |
| Astaxanthin                           | 50 mcg        | * |
| Vanadium (as Sodium Metavanadate)     | 10 mcg        | * |

\* Daily Value not established.

**Other Ingredients:** Cellulose, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Flavor, Vegetable Acetoglycerides, Chlorophyll, Sucralose.

**CONTAINS: Soybeans and Fish.**

### Resveratrol

### Supplement Facts

| Serving Size One Red Tablet        |               |   |
|------------------------------------|---------------|---|
| Amount Per Serving                 | % Daily Value |   |
| Resveratrol (Polygonum Cuspidatum) | 500 mg        | * |
| Bovine Collagen                    | 10 mg         | * |

\* Daily Value not established.

**Other Ingredients:** Dicalcium Phosphate, Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Carrageen.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Artificial Colors, No Artificial Flavors, No Wheat, No Gluten, No Dairy, Yeast Free.

**WARNING:** Consult with your physician prior to use if you are pregnant or nursing, have high blood pressure, are taking medication, or have a medical condition. Do not exceed recommended intake. Discontinue use two weeks prior to surgery.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place.

For more information: 1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222

CODE 810611

**Directions:** As a dietary supplement, take the contents of one pack daily with food.

### Memory Formula

### Supplement Facts

| Serving Size Two Brown Softgel Capsules                     |               |      |
|-------------------------------------------------------------|---------------|------|
| Amount Per Serving                                          | % Daily Value |      |
| Calories                                                    | 10            |      |
| Calories from Fat                                           | 10            |      |
| Total Fat                                                   | 1 g           | 2% † |
| Cholesterol                                                 | 5 mg          | 2%   |
| EPA (Eicosapentaenoic Acid)(as Fish Body Oil)               | 200 mg        | *    |
| DHA (Docosahexaenoic Acid)(as Fish Body Oil)                | 150 mg        | *    |
| Ginkgo biloba Leaf Extract                                  | 120 mg        | *    |
| Turmeric Root Extract (Curcuma longa) (95% Curcumin = 95mg) | 100 mg        | *    |
| Memory Blend                                                | 50 mg         | *    |
| Phosphatidylcholine (as Soy Lecithin)                       |               |      |
| Phosphatidylserine (as Soy Lecithin)                        |               |      |
| Huperzine A                                                 | 100 mcg       | *    |

† Percent Daily Value based on a 2,000 calorie diet.  
\* Daily Value not established.

**Other Ingredients:** Fish Body Oil, Gelatin, Glycerin, Caramel Color, Soybean Oil, Titanium Dioxide (Natural Mineral Whitener).

### GNC QUALITY COMMITMENT

For more than 75 years GNC has been dedicated to helping health conscious consumers Live Well. As the leader in the nutritional supplement industry, we have remained committed to producing the highest quality and scientifically advanced products available on the market. This commitment begins with our scientific research and product development then continues through to the raw material procurement, manufacturing, packaging and transportation of the finished product. We take pride in our commitment to ensuring quality and we extend our confidence to you in our money-back guarantee.

### GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!

BLG

### Triple Strength Fish Oil

### Supplement Facts

| Serving Size One Yellow Softgel Capsule |               |      |
|-----------------------------------------|---------------|------|
| Amount Per Serving                      | % Daily Value |      |
| Calories                                | 15            |      |
| Calories from Fat                       | 15            |      |
| Total Fat                               | 1.5 g         | 2% † |
| EPA (Eicosapentaenoic Acid)(Omega-3)    | 647 mg        | *    |
| DHA (Docosahexaenoic Acid)(Omega-3)     | 253 mg        | *    |

† Percent Daily Value based on a 2,000 calorie diet.  
\* Daily Value not established.

**Other Ingredients:** Fish Body Oil, Gelatin, Glycerin, Vitamin E, Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid).

This product is regularly tested (using AOAC international protocols) for potency and purity by an independent, FDA-registered laboratory and found to be free of detectable levels of mercury cadmium, lead and PCBs.

\*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.



# HEALTHY AGING PROGRAM

## DIETARY SUPPLEMENT

Complete program to support 6 key elements of healthy aging\*

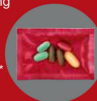
Each pack includes:

Clinically researched multivitamin to enhance well-being\*\*

Triple Strength Fish Oil to support heart, joint and eye health\*

500 mg of Resveratrol for cell-aging defense\*

Memory Formula to support memory health\*



**30 Packs**

△ Clinically Researched Ingredients



**Dr. Joseph Maroon and Longevity Factors™**

*"You can't stop aging. But you can age well."*

Dr. Joseph Maroon is a world-renowned neurosurgeon, sports medicine specialist, nutritional expert and author. Together with GNC, Dr. Maroon developed the breakthrough Longevity Factors™ line of products that work to support healthy aging. Living proof of his theories, Dr. Maroon has participated in over 70 triathlons and 6 Ironman Championships.

### GNC Longevity Factors™ Healthy Aging Program

*"The aging process can begin to affect many different aspects of health. Supporting healthy aging from head to toe begins with the appropriate nutritional measures. Using the highest quality ingredients, Longevity Factors™ Healthy Aging Program has four components with key nutrients required for overall health."*

- Joseph Maroon, M.D.

**Advanced Multivitamin for Healthy Aging** - this clinically researched multivitamin formula includes vitamins, minerals and antioxidants such as vitamin C, vitamin E, zinc, selenium and alpha-lipoic acid that support immune health and protect cells against free radical damage.\*

**Triple Strength Fish Oil** - a natural source of omega-3 fatty acids EPA and DHA. Just one softgel capsule features a total of 900 mg of omega-3 fatty acids that support heart, joint and eye health.\*

**Memory Formula** - a blend of important memory supporting nutrients such as DHA for brain health; ginkgo biloba to support increased blood flow; phosphatidylcholine and phosphatidylserine to help maintain nervous system health and play an important role in memory function; and huperzine A to help prevent breakdown of key neurotransmitters in the brain.\*

**Resveratrol** - includes 500 mg of antioxidant supporting resveratrol for cell-aging defense and collagen.\*

### GNC LONGEVITY FACTORS™ HEALTHY AGING PROGRAM

Premium formula. Clinically researched ingredients. Physician endorsed.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.