

Health & longevity through the
healing power of nature—that's what
it means to Trust the Leaf.[®]



Change-O-Life[®] is a
popular blend of seven
herbs for supporting
women's health.

Recommendation: Take 3 capsules
twice daily, preferably with food.

Caution: Do not use if you are
pregnant, nursing or have a history of
liver disorder. If taking prescription
drugs, consult your healthcare
practioner prior to use.

Questions? Call 1-800-9NATURE or
visit naturesway.com.

SATISFACTION GUARANTEED. Freshness &
safety sealed with printed outer shrinkwrap
and printed inner seal. Do not use if either
seal is broken or missing. Keep out of reach
of children.



Change-O-Life[®]

7 Herb Blend



**WOMEN'S
HEALTH**

180 Capsules / Certified 440 mg

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	1 g	< 1%†
Proprietary Blend	1.32 g (1,320 mg)	**
Black Cohosh (root)		
Sarsaparilla (root)		
Siberian Eleuthero (root)		
Licorice (root)		
Blessed Thistle (stem, leaf, flower)		
Dong Quai (root)		
Pomegranate (seed)		

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Gelatin (capsule),
Magnesium stearate



©2010 R/O Nature's Way Products, Inc.
Springville, Utah 84663 USA

