

AM FORMULA

Supplement Facts		
Serving Size 1 tablet		
Amount per tablet		%DV**
Green Tea (Camellia sinensis) Leaf Extract standardized to contain 35 mg caffeine	250 mg	**
Rhodiola (Rhodiola rosea) Root Extract standardized to contain 3% rosavins and 1% salidroside	205 mg	**
Chaste Tree (Vitex agnus-castus) Berry Extract standardized to contain 0.5% agnusides	40 mg	**
Black Cohosh (Cimicifuga racemosa) Root and Rhizome Extract standardized to contain 2.5% triterpene glycosides calculated as 27-deoxyactein	20 mg	**
**Daily Value (DV) not established.		

Other ingredients: cellulose, modified cellulose, modified cellulose gum, magnesium stearate, soy lecithin, vegetable glycerin, riboflavin color, and carnauba wax.

PM FORMULA

Supplement Facts		
Serving Size 1 tablet		
Amount per tablet		%DV**
Valerian (Valeriana officinalis) Root Extract standardized to contain 0.8% valerenic acids	200 mg	**
Hops (Humulus lupulus) Flower Extract	100 mg	**
L-Theanine (Suntheanine® brand)	50 mg	**
Black Cohosh (Cimicifuga racemosa) Root and Rhizome Extract standardized to contain 2.5% triterpene glycosides calculated as 27-deoxyactein	20 mg	**
**Daily Value (DV) not established.		

Other ingredients: cellulose, modified cellulose, modified cellulose gum, magnesium stearate, silicon dioxide, carrot and paprika extract color, soy lecithin, and carnauba wax.

Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.

©2013 ENZYMATIC THERAPY, LLC, GREEN BAY, WI 54311 USA
enzy.com • 1.800.783.2286

24-hour Perimenopause Symptom Relief*

Situation: Estrogen levels become erratic and are often elevated during perimenopause. This hormone shift can start around age 35 and last until you're about 50. AM/PM PeriMenopause Formula™ perimenopause relief allows a woman to have control over her own "change of life" journey.*

AM Formula

Ingredients

- Green Tea
- Chaste Berry
- Rhodiola

Support

- For energy and weight management*
- For menstrual symptoms*
- For concentration, mental alertness and endurance*

Actual Size

PM Formula

Ingredients

- Black Cohosh
- Valerian and Hops
- L-Theanine

Support

- For relief of occasional night sweats and mood swings*
- For restful sleep*
- For relaxation and well-being*

Actual Size

Recommendations: AM: One (yellow) AM tablet in the morning. PM: One (purple) PM tablet approximately 30-45 minutes before bedtime. It may take four to five weeks to achieve full benefits. Continue use to maintain benefits.

CAUTION: Do not use if sensitive to caffeine. Not recommended for use by pregnant or nursing women. If taking prescription drugs, consult your healthcare practitioner prior to use. Discontinue use and consult a healthcare practitioner if you have a liver disorder or develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice. PM Formula may impair your ability to drive or operate heavy equipment. Due to additive sedative effect, avoid using with alcohol.

Contains no sugar, yeast, wheat, gluten, corn, dairy products, artificial flavoring, preservatives, or ingredients of animal origin. All colors used are from natural sources.



VEGETARIAN

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

PeriMenopause Formula™ AM/PM



LBX07236.14 (721B, 723A)

WOMEN'S HEALTH

30 AM TABLETS and 30 PM TABLETS

2 TARGETED DIETARY SUPPLEMENTS

Hormone-Free 24-Hour Relief for PeriMenopausal Symptoms

PeriMenopause Formula™ AM/PM



THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Hormone-Free 24-Hour Relief

THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

AM PMS Symptoms* • Lack of Energy* • Irritability* • Mood Swings*
PM Occasional Sleeplessness* • Muscle Tension* • Night Sweats*