

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*

 **Blessed Thistle** (*Cnicus benedictus*) has traditionally been used in European tonics for digestion and feminine health.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Blessed Thistle is carefully grown, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

LN10700-802
(BLK8131B)



Blessed Thistle

Herb



100 Capsules / **Certified 390 mg**

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules three times daily, preferably with food.

Caution: Not for use during pregnancy.

Supplement Facts

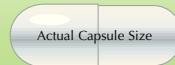
Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	% Daily Value	
Total Carbohydrate	<1 g	<1%†
Organic Blessed Thistle (stem, leaf, flower)	780 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Gelatin capsule



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Green Bay, WI 54311 USA

Certified Organic by Quality Assurance Intl.

