

Health and longevity through the healing power of nature, that's what it means to **Trust The Leaf.**®

100% Whole Barley Grass produced to superior quality standards:

- **Grown in winter/early spring** on the Midwestern plains.
- **Slowly matured and tempered** by cool weather to ensure lower sugar content than grasses sprouted indoors.
- **Harvested as a young grass** to ensure a nutritional profile more like leafy greens than grains.
- **Gluten free** with no additives or preservatives.

Satisfaction Guaranteed. Freshness and safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. **Keep out of reach of children.**

◆ LN10275.02 RM22.8643



Barley Grass

Bulk Powder



Net Wt 9 oz (255 g) / Fiber Source

DIETARY SUPPLEMENT

Recommendation: Stir 2 heaping teaspoons into cold water or other beverage as desired. Each heaping teaspoon contains approximately 6 grams of Barley Grass. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Teaspoons (12 grams)
Servings per Container 21

Amount Per Serving	% DV	
Calories	45	
Total Carbohydrate	20 g	7%†
Dietary Fiber	4 g	16%†
Protein	1 g	3%†
Vitamin A	4,320 IU	86%
Vitamin C	7 mg	12%
Calcium	35 mg	4%
Iron	3 mg	14%
Barley Grass (grass)	12 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

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Questions? 1-800-9NATURE / naturesway.com