

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*

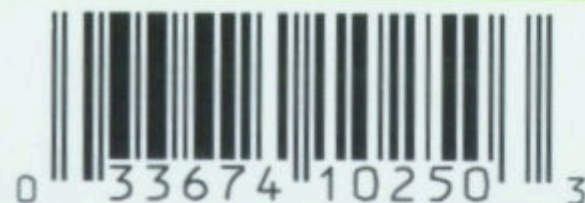


Barley Grass (*Hordeum vulgare*) is a super food containing nutrient cofactors such as chlorophyll.

Tender young grass is harvested before it goes to grains, then dehumidified at low temperatures to preserve its nutritional content.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Barley Grass is carefully grown, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.



PREMIUM

**Nature's
Way**

HERBAL

Barley Grass

Young Harvest



**NUTRIENT
SOURCE**

100 Capsules / Certified 500 mg

DIETARY SUPPLEMENT

Recommendation: Take 3 capsules three times daily, preferably with food.

Caution: If you are pregnant consult a health-care professional before using this product.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 33

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	1 g	<1%†
Protein	1 g	
Vitamin A	540 IU	11%
Vitamin C	3 mg	5%
Iron	380 mcg	2%
Barley Grass (grass)	1.5 g (1,500 mg)	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Gelatin (capsule)

Mountain Greens®
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