

**PROBIOTIC. WHOLE.
NON-GMO PROJECT VERIFIED.**

Organic herbs and cultured whole-food complexed vitamins and minerals together promote optimal health and condition-specific benefits, not just address nutrient deficiencies.*

Every Man's One Daily is a once-daily probiotic whole-food complexed multivitamin formulated specifically for the needs of active men.

© 2013 New Chapter, Inc.
Manufactured by NEW CHAPTER, INC.
90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301
888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA

Get the Whole Truth!

Sign up for our e-newsletter at: newchapter.com/newsletter

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

0326-C03

Please recycle this bottle after use.



**every man's
ONE DAILY MULTI**

**Whole-Food Complexed Multivitamin
for Energy, Heart & Immune Support***

Can be taken on an empty stomach



24 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet Servings per container 24

One tablet contains	%DV	One tablet contains	%DV
Probiotic Nutrients		Herbal Blends	
Vitamin A† (100% as beta-carotene)	5000 IU 100%	Copper†	1.5 mg 75%
Vitamin C†	60 mg 100%	Manganese†	1 mg 50%
Vitamin D3†	1000 IU 250%	Chromium†	60 mcg 50%
Vitamin E†	30 IU 100%	Molybdenum†	10 mcg 13%
Vitamin K (K1 and K2 [MK7] Blend)	80 mcg 100%	Stress/Energy Support Blend† 60 mg •	
Thiamin-Vitamin B1†	1.5 mg 100%	Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)	
Riboflavin-Vitamin B2†	1.7 mg 100%	Cardio Support Blend† 20 mg •	
Niacin†	20 mg 100%	Organic Fenugreek (seed), Organic Oregano (leaf), Grapeseed Extract (not cultured), Organic Hawthorn (berry and seed)	
Vitamin B6†	2 mg 100%	Immune Support Blend† 20 mg •	
Folate†	200 mcg 50%	Elderberry Extract (Sambucus nigra) (berry), Organic Eleuthero (root), Organic Astragalus (root)	
Vitamin B12†	12 mcg 200%	Full-Spectrum Herbs and Extracts	
Biotin†	150 mcg 50%	Ginger (rhizome) 3.2 mg hydroethanolic extract and 0.8 mg organic supercritical extract 4 mg •	
Pantothenic Acid†	10 mg 100%	Organic Turmeric (rhizome) 3.2 mg powder† and 0.8 mg supercritical extract 4 mg •	
Calcium (from Algae)	15 mg 1.5%		
Iodine†	75 mcg 50%		
Magnesium† (80% cultured, 20% from Algae)	5 mg 1%		
Zinc†	15 mg 100%		
Selenium†	75 mcg 107%		

• Daily Value not established † Lithothamnion: (*L. calcareum* and *L. coralloides*) ‡ Nutrients and herbs are cultured in organic media that may contain: organic milled soy, *Saccharomyces cerevisiae* (organic yeast: active and inactive), organic maltodextrin, organic gum acacia, organic orange peel, organic lemon peel, organic carrot powder, organic alfalfa powder, organic molasses, *Lactobacilli* (*L. acidophilus*, *L. bifidus*, *L. rhamnosus*) and enzymes (deactivated).

Other ingredients: Organic gum acacia, contains less than 2% of: silica, lac resin, carnauba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).

Gluten free. 100% vegetarian; no artificial flavors or colors.

Suggested use: One tablet daily. Can be taken anytime, even on an empty stomach.